



Orange  
County  
Intergroup  
Association

## Step 5 – Our Fears Fall From Us

*Admitted to God, to ourselves and to another human being the exact nature of our wrongs.*

Number 5 of 12 articles on the 12 Steps

I know the 12 & 12 says the 6<sup>th</sup> step “*separates the men from the boys*” but step 5, for me, was truly the defining moment in the process of taking the steps. This step had always been the “elephant in the room”. It was always there, I just tried not to think about it or talk about it. I was writing “The Great American Novel” for the 4<sup>th</sup> step - in length anyway. After more than 5 weeks working on my 4<sup>th</sup> step, I had 37 pages on the Resentments List, alone and 21 pages on the Fears List – and more were being added on a daily basis. The Sex Inventory was a great deal shorter, but it was also very thorough. I mean, isn’t that what the 4<sup>th</sup> step says – “*nothing counted but thoroughness and honesty*”!

One Saturday morning, my sponsor called me and told me to bring my 4<sup>th</sup> step along when I came to meet with him. I thought he just wanted to see where I was at, but when I got to his house, he said, “We’ll be taking your 5<sup>th</sup> step today”. I protested, “But, I’m not done”. To which, he answered, “Yes, you are”. And, somehow, I knew I was!

We sat down and read the first part of Chapter 6 where step 5 is described, (including some of the most profound promises in the entire book!) then he had me go out in his back yard and read the entire 4th step out loud. That was admitting to God and myself. I remember the emotions I felt when reading it aloud for the first time – it was an overpowering moment of clarity.

In less than an hour, I went back inside and my sponsor and I knelt and said the 3<sup>rd</sup> step prayer together. Then, as I began to read my 5<sup>th</sup> step, all fear vanished – just like that! Of course, the fear always comes back, and it did come back sometime later, but not with the paralyzing grip in which it had held me. As we took the step together, we stopped often to discuss a particular item in my inventory and my sponsor sometimes shared his own experience where it related to the inventory item. The trust I had built with this man over the preceding few months was never so evident as it was over the next 7 hours. Seven hours, you say – yeah, I like to talk!

Everything on the list, (the thorough and honest list!) came out. Finally, someone knew all my secrets – what a freedom. I don’t know what I expected to feel like when I was done, but I, in fact, felt let down when I was finished. Most of the promises listed in the 5<sup>th</sup> step in the Big Book came true shortly afterward – when I took the 7<sup>th</sup> step.

I never again had that overpowering fear when taking subsequent 5<sup>th</sup> steps. The fear had always been a fear of the unknown – “What if my sponsor doesn’t respect me when he finds out what a creep I am? What if my sponsor tells someone else something I told him in confidence? What if unknowingly I leave something off?”

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### ORANGE COUNTY CENTRAL OFFICE

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Phone (714) 556-4555  
E-mail: ocaa7664@sbcglobal.net  
Website: [www.oc-aa.org](http://www.oc-aa.org)  
Office hours Mon-Fri. 9:00 AM-9:00 PM  
Sat 9:00 AM to 1:00 PM  
South County Office: 27281 Las Ramblas, Ste.135  
Mission Viejo 92691  
Phone: (949) 582-2697

The Orange County Intergroup Association meets the second Wednesday of each month at 7:00 PM. Currently there is a need for a new meeting space. Please contact Central Office at (714) 556-4555 for the temporary location or visit [www.oc-aa.org](http://www.oc-aa.org). If you can help with a meeting location please notify Central Office.

# The Fifth Tradition

Continued from page 1

**Each group has but one primary purpose...  
to carry its message to the alcoholic who still suffers**

Every newcomer learns (some of us the hard way) that the business of staying sober must have top priority. If we fail at that, we can't succeed at anything else. The Fifth Tradition tells us that groups should remember *their* "one primary purpose." Often, unthinking enthusiasm puts a group off the main track. One, for instance, offered an "expanded A.A.<sup>®</sup> program" that included helping newcomers to find jobs. Tradition Five doesn't frown on the individual A.A. who tells another about a good opening. But, when the group turns itself into an employment agency, newcomers may get confused about *their* primary purpose. A.A.'s function is to help them get sober—then they can find work for themselves.

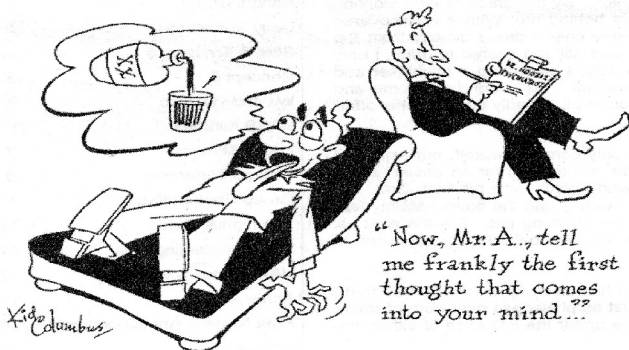
Using discretion, a member may lend a few dollars needed for a meal or a hotel room, or may even invite a broke alcoholic to be a temporary houseguest. But the A.A. group as a whole is not a friendly finance company, nor a welfare department, nor a housing bureau.

Even when acting on their own, as individual members, A.A. lay people certainly shouldn't award themselves honorary medical degrees and hand out diagnoses and prescriptions and amateur analyses of other people's neuroses. Exactly because this personal failing is so common, the A.A. group in all its dealings should be extra careful to emphasize that it is not invading the medical field. Through the personal experiences of its members, it is qualified to carry only one message: how an alcoholic can recover in A.A. That's all.

Yet one group recently felt itself equipped to set up an "alcoholism information center." The temptation is understandable; it was even stronger at the time this Tradition was written, because public ignorance about alcoholism as an illness was more widespread than it is now. Since then, other agencies have sprung up to assume the task of educating the general public on alcoholism. That is not A.A.'s purpose, but these agencies also are trying to help the active alcoholic. They are our friends—and Tradition Six marks the boundaries of the relationship. . . .

**I am responsible. When anyone,  
anywhere, reaches out for help,  
I want the hand of AA always to be there.  
And for that: I am responsible.**

AAWS<sup>®</sup>, 1971



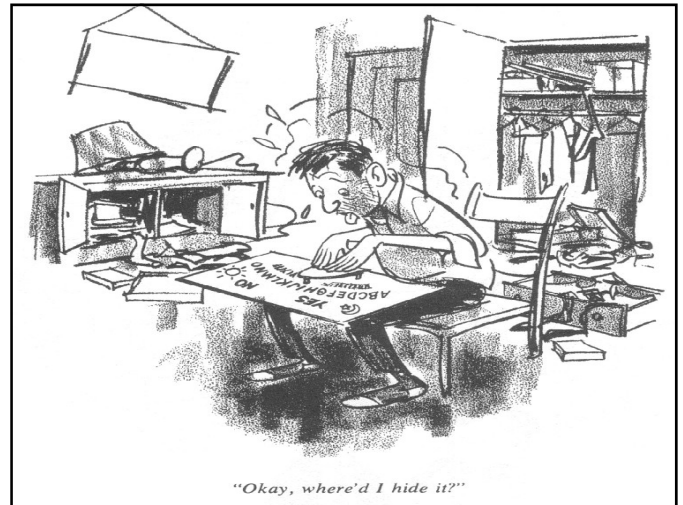
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Today, I know that in this step we are richly rewarded when we do the best we possibly can. And that is so with everything in life. And that fact is the most amazing revelation of the 5<sup>th</sup> step.

Oh, and those 5<sup>th</sup> step promises: "*Once we have taken this step, withholding nothing, we are delighted. We can look the world in the eye. We can be alone at perfect peace and ease. Our fears fall from us. We begin to feel the nearness of our Creator. We may have had certain spiritual beliefs, but now we begin to have a spiritual experience. The feeling that the drink problem has disappeared will often come strongly. We feel we are on the Broad Highway, walking hand in hand with the Spirit of the Universe*".

A member of A.A. in Orange County

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*When one door closes another opens. But we often look so long and so regretfully upon the closed door that we fail to see the one that has opened for us.*

Alexander Graham Bell

*"The meetings of Alcoholics Anonymous are the only place, so far as I know, where Roman Catholics, Jews, all kinds of Protestants, and even agnostics get together harmoniously on a religious basis. They do not talk theology. Many of them would say they know nothing about it. What they do know is that in their utter helplessness they were introduced to a Power, greater than themselves...I have listened to many learned arguments about God, but for honest-to-goodness experiential evidence of God...give me a good meeting of A.A.!"*

© 1957, Alcoholics Anonymous Comes of Age<sup>®</sup>, page 324

# Principles of Alcoholics Anonymous®

## The A.A. Badge of Courage

The *Lifeline* continues its new feature -- the Principles of Alcoholics Anonymous -- with a review of what Courage entails for alcoholics. In the June issue we will review Willingness. -- Editor.

*God, grant me the Serenity to accept the things I cannot change, the Courage to change the things I can, and the Wisdom to know the difference.*

The Serenity Prayer is admittedly the most used entreaty to our Maker for most Alcoholics Anonymous® members. It is, literally, the all-purpose prayer used when any of us find ourselves in deep difficulty.

And why not? For most of the nearly 72 years that Alcoholics Anonymous has been in existence this simple prayer has been urging us to find the Courage to change the things we can. Change is the major requirement for those of us who genuinely want to eliminate alcohol from our lives. And the Courage to effect change is a necessity since by the time we get to A.A. we are aware that alcohol is, at the very least, cunning, baffling and powerful.

The American Medical Association has made it even more clear. It maintains that ten percent of the U.S. population is at risk from alcoholism. Of that ten percent, the AMA suggests, only ten percent are likely to recover from the disease. If they posted odds like that at Santa Anita, the place would be a ghost town. Most alcoholics seem reluctant to change anything and finally manage to do so only after having exhausted numerous easier, softer ways.

But we alcoholics get to experience Courage on an almost daily basis.

Any time a newcomer stands up and identifies himself or herself as an alcoholic, that alcoholic is declaring membership in this fellowship.

But does it really take Courage to do that?

When you have spent most of your life denying that there was even a remote possibility that you could be alcoholic, the answer must be a resounding yes. And even when the decision to seek out the A.A. way of life has been made, there is no guarantee, written or implied, that the decision will be a permanent one. We see many men and women, revitalized by a period of dryness, who decide that they have made a mistake and resume their drinking careers.

Some of these drinkers do make it back to the program but the ranks of A.A. are sadly diminished by those who do not. To acknowledge this mistake takes real courage and these retreads prove to be some of A.A.'s finest members.

George L., Westminster

As children bring their broken toys with tears for us to mend, I brought my broken dreams to God because He is my friend. But then, instead of leaving Him in peace to work alone, I hung around and tried to help with ways that were my own. At last, I snatched them back and cried, How could you be so slow? My child, He said, what could I do? You never did let go.



## THE SPONSOR One Man's Opinion

No doubt I'll get bombarded with all manner of criticism for voicing this opinion, but here goes. I have been somewhat appalled about the stories about how in olden times a sponsor took his newcomer to a meeting, took him down to the front row of seats and gave him an order to, "Sit down, shut up and listen!!" Well - ??? Had my sponsor done such a thing with me, I expect I would have turned, hit him in the nose and walked out. The myth that a sponsor is an arrogant, hard boiled old goat that gives such orders right and left while he struts around in pride, bragging about how he humiliated that punk is pure and unadulterated poppy-cock.

The sponsors of olden times were just what they should be; humble, interested men and women who had a message of hope and love for their new found baby and were first and last, teachers, givers of themselves, and diligent workers at just that.

The modern day old-timer of 20 years is one who found A.A. in 1962 and alcoholism was by then an "illness," and was treated as such. But the old timer who came into the program in 1950 faced the same ostracism as did those who came before that time and were so grateful they could give it away daily.

A good sponsor is someone who has made of themselves a person they approve of, capable of, and always aware of, having been recalled from disaster, loved and taught to take up a new life and clear away the mistakes of the past, then as it was given to them, always to be available to give that hope, that inner peace, the return of self-worth to every single one they were sent, if possible.

Let's be gone with the "sit down, shut up and listen" poppy-cock and get back to loving the unlovable, back into a useful, magnificent life.

Claude W., Santa Ana  
April, 1982



A drunk calls 911 on his cell phone to report that his car has been broken into. He is outraged as he explains his situation to the dispatcher: "They've stolen the stereo, the steering wheel, the brake pedal and even the accelerator!" he screams. The dispatcher says, "Stay calm. An officer is on the way."

A few minutes later, the officer radios in. "Disregard the call," he says. "He got in the back seat by mistake."

.....  
A drunk guy in Alaska decides to go ice fishing, so he packs up his stuff and goes out onto the ice. He starts sawing a hole in the ice, and a loud booming voice says, "You will find no fish under the ice!" The drunk looks up, ignores it, and continues on. The voice repeats, "You will find no fish under the ice!" The drunk looks up and says, "God? Is this God trying to warn me?" The voice says, "No. I'm the manager of this ice rink."





## Is Your Sponsor a Dictator or a Buddy?

One of the great problems that face us -when we reach that terrible state when we realize we don't have ALL the answers - is how to use a sponsor. There are many types of sponsorship - ranging from "dictators" to "buddies" - and people who swear by (and at) each.

There are, however, a few good thoughts on how NOT to use a sponsor. If you can avoid these, your chances are bound to improve. They usually fall into types that almost everyone recognizes; listed here are a few of the most common:

**The Celebrity-Grabber** - This ploy is utilized when hearing a circuit speaker and being swept away by the feeling that you'll be like Him (or Her) if He is your sponsor. This most often winds up a sponsorship in name only... and the name is used when you're telling people that He is your sponsor. Usually people who choose "celebrity" sponsors unconsciously wish to share the reflected glory, not learn how to live; a sponsor whom you never see except at the podium can't ever get close enough to you to help.

**The Sponsor-Jumper** - There are more of these than you'd think. Their modus operandi is to choose a sponsor and keep him (or her) on secret probation until the sponsor disagrees with the baby's preconceived ideas or decision. Their answer is immediate... to get a sponsor who will be more "understanding". They're determined to have their way, no matter how many sponsors they have to change to get it!

**The Debater** - This person is a close relative of the Rebel (see below), and is characterized by engaging in debate with every suggestion or direction of the sponsor. While he is convinced he is a keen student of Truth, he usually winds up as just another loud-mouth dummy who sponsors himself.

**The Rebel** • An almost classic type who ignores the fact his life is in shambles, as he spends his days and nights reinforcing the thought that "nobody is going to tell ME what to do!" He, like the Titanic, looks unstoppable until he hits the iceberg.

**The Let-'Em-Guess** - This type can't believe his case is anything but different... so different that his sponsor couldn't possibly understand how he REALLY feels. The result is to tell the sponsor nothing except the most mundane, meaningless trivia. He has perfect communication with his sponsor... except where and when it counts.

**The Invisible Man** - A too-common type of loser, who has a sponsor but doesn't EVER talk to him. This is an especially sad case because when he goes down the tubes he tells himself "but I had a sponsor... why didn't it work for ME?"

There's a little of all of these in every one of us, unfortunately. Our job is to not let any of these deliriously negative attitudes control us on a continuing basis. It will make life a lot better if we don't!

Clancy I., Venice  
March, 1982

## Twelve Qualities of Sponsorship

1. I will not help you to stay and wallow in limbo.
2. I will help you to grow, to become more productive, by your definition.
3. I will help you become more autonomous, more loving of yourself, more excited, less sensitive, more free to become the authority for your own living.
4. I can not give you dreams or "fix you up" simply because I can not.
5. I can not give you growth, or grow for you. You must grow for yourself by facing reality, grim as it may be at times.
6. I can not take away your loneliness or your pain.
7. I can not sense your world for you, evaluate your goals for you, tell you what is best for your world; because you have your own world in which you must live.
8. I can not convince you of the necessity to make the vital decision of choosing the frightening uncertainty of growing over the safe misery of remaining static.
9. I want to be with you and know you as a rich and growing friend; yet I can not get close to you when you choose not to grow.
10. When I begin to care for you out of pity or when I begin to lose faith in you, then I am inhibiting both for you and for me.
11. You must know and understand my help is conditional. I will be with you and "hang in there" with you so long as I continue to get even the slightest hint that you are still trying to grow.
12. If you can accept this, then perhaps we can help each other to become what God meant us to be, mature adults, leaving childishness forever to the little children of the world.

*Anonymous*



*"Carry me out to the car, George. Once I get my hands on the wheel I can drive all right."*

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## Do We Clean Up Our Act After Meetings?

A challenging article in Box 4-5-9 asks A.A. groups if we are doing a good job of maintaining our meeting place.

*The article is provided for your review.  
What are your thoughts on this matter?*

" . . . got a call from one of the churches that an A.A. meeting is not cleaning up after itself. They are leaving cigarette butts outside. It is one of those churches that has a lot of A.A. meetings. They are ready to just not have meetings there anymore." So reads this less than welcome notation from the report of executive secretary Mary M. in the minutes of the Aug. 14 meeting of California's San Fernando Valley Intergroup, reprinted in the October issue of its newsletter. "Maybe," Mary points out, "these are the only alcoholics these people see, and we want to put out a good image. So if you can, make sure in your groups, in the halls, wherever, that you pick up after yourselves and leave the place clean. Otherwise, you hurt us all."



The problem is one that affects us all. As another Californian, John P., noted several years ago in the Intergroup Newsletter of the Intergroup Central Office of Santa Clara County (Box 4-5-9, Feb.-March 1997,) "A.A. members are not the only ones who share experience. Church people talk to each other too. One pastor's unhappiness with A.A.s can turn a whole denomination against us. And it's not only churches—other facilities are increasingly wary of A.A. They see their maintenance and janitorial costs rising to repair the damages we do to their premises, and they worry about the liability claims our abusive actions may expose them to."

John suggested that in A.A. there is a powerful tool to deal with the problem—"something called 'group conscience' that actually can put an end to destructive behavior at an A.A. meeting. It does so by strengthening unity and allowing the membership to speak with one voice, thus placing 'principles before personalities' in the spirit of [Tradition] Twelve. No one alcoholic in A.A. has authority over any other alcoholic, so admonishing your fellow drunk to shape up carries little or no weight. But a group of alcoholics, speaking out of the group conscience, does have authority and, strange as it seems, even inconsiderate members recognize it. Sometimes they merely leave when the group addresses them, but often they change. Either way, the group has put the common welfare first."

In the April 1946 issue of the *Grapevine* (*The Language of the Heart*, p. 23) and often afterward, A.A. co-founder Bill W. wrote that for us A.A.'s "there is never need to praise ourselves. We feel it better to let our friends recommend us." But how can they, if we keep neglecting to clean up our act?

Reprinted from Box 4-5-9, Feb-Mar 2001, with permission of A.A.W.S., Inc.

## The Promises of Alcoholism:

- If we are casual with this phase of our development, we will be drunk before we are halfway through.
- We are going to know a new imprisonment and a new misery.
- We will relive the past and won't be able to shut the door on it.
- We will comprehend the word CONFLICT and we will know PAIN.
- No matter how far down the scale we have gone, we'll sink even lower.
- That feeling of uselessness and self-pity will deepen.
- We will gain interest in selfish things and lose interest in our fellows.
- Self esteem will slip away.
- Our whole attitude and outlook on life will SUCK.
- Fear of people, and of economic insecurity will multiply.
- We will intuitively know how to run from situations, which never used to bother us.
- We will suddenly realize that God would never have done to us what we are doing to ourselves.

Are these extravagant promises? We think not! They are being fulfilled amongst us every day—sometimes, quickly, sometimes slowly. They will ALWAYS materialize if we continue to drink.



Reprint: Central Intergroup of the Desert  
Cathedral City, CA

## ORANGE COUNTY INTERGROUP SERVICE BOARD

### Contacts and Committee Information

#### Secretary

Vice Chair, Frank M.

Treasurer, Grant M.,

Chair Person, Contact: Lew D.

Special Events Committee, Debbie M.

Meetings scheduled as needed

Group Relations Committee, Scott R.,

Meets the 4th Wednesday of the month at 7:00 pm

Public Information Committee, Alex N.

Meets the 3rd Wednesday of the month at 6:30 pm

Lifeline Committee, Dave M.

Meets the 1st Thursday of the month at 7:00 pm

Central Office Committee, John P.,

H & I Committee, George R.,

Meets the 2nd Sunday of the month at the Garden Grove Alano Club. Institutions meet at 4:00 pm; Hospitals meet at 6:00 pm

With the exception of H & I, the above committees meet at Central Office, 1526 Brookhollow, Suite 75, Santa Ana, CA 92705  
If you are interested in serving on a committee or would like more information please contact the above or Central Office at 714-556-4555.



*It would be a product of false pride to claim that A.A. is a cure-all, even for alcoholism.*

A.A. Comes of Age, page 232

**ORANGE COUNTY  
INTERGROUP ASSOCIATION OF AA**

Statement of Income and Expenses for Period Ending 03/31/2007

|                               | <b>MARCH</b>     | <b>YTD</b>       |
|-------------------------------|------------------|------------------|
| <b>INCOME</b>                 |                  |                  |
| Group Donations               | 11,784.51        | 47,630.58        |
| Individual/Fellowship         | 228.00           | 2,119.00         |
| Literature Sales              | 10,004.97        | 32,691.97        |
| Birthday Donations            | 532.00           | 1,374.65         |
| In Memoriam                   | 0.00             | 80.00            |
| Intergroup Donations          | 72.00            | 219.20           |
| Special Events                | 0.00             | 0.00             |
| Interest Income               | 266.81           | 800.11           |
| Misc. (Repaid Bounced Checks) | 10.00            | 234.12           |
| <b>TOTAL INCOME:</b>          | <b>22,898.29</b> | <b>85,149.63</b> |
| <b>EXPENSES</b>               |                  |                  |
| Audits/Accounting             | 0.00             | 0.00             |
| Auto (All Managers)           | 54.81            | 172.18           |
| Bank Charge                   | 0.00             | 0.00             |
| Cash/Invoices OverShort       | -0.75            | -0.78            |
| Insurances                    | 1,976.38         | 6,471.10         |
| Intergroup Expense            | 531.00           | 756.00           |
| Lease Expense                 | 389.07           | 1,167.21         |
| Maintenance & Repairs         | 0.00             | 152.46           |
| Volunteers Coffee + Water     | 194.29           | 392.90           |
| Offices' Supplies             | 1,093.28         | 1,514.28         |
| Pension Fund                  | 166.68           | 500.04           |
| Postage                       | 23.40            | 334.02           |
| P/I, Donated Literature       | 18.31            | 1,558.37         |
| Rent Main/Satellite Offices   | 3,513.05         | 10,471.15        |
| Salaries                      | 9,331.96         | 27,894.92        |
| Payroll Tax Expense           | 1,045.06         | 2,465.16         |
| Taxes & Licenses              | 47.59            | 47.59            |
| Telephone Expense             | 318.40           | 979.19           |
| LIFELINE Expense              | 1,175.20         | 3,645.05         |
| Cost of Literature Sold       | 7,855.66         | 25,668.95        |
| Special Events                | 0.00             | 1,100.00         |
| Misc. (Returned Checks)       | 10.00            | 571.12           |
| <b>TOTAL EXPENSES:</b>        | <b>27,743.39</b> | <b>85,860.91</b> |
| <b>INCOME/(LOSS):</b>         | <b>-4,845.10</b> | <b>-711.28</b>   |

“Another great dividend we may expect from confiding our defects to another human being is humility—a word often misunderstood...it amounts to a clear recognition of what and who we really are, followed by a sincere attempt to become what we could be.”

*Twelve Steps and Twelve Traditions, p. 58*

## Concept 5

(Short Form) Throughout our structure, a traditional “Right of Appeal” ought to prevail, so that minority opinion will be heard and personal grievances receive careful consideration.

Have you ever held a strong opinion, but were in the minority? Maybe you were the only one in the group who had that particular point of view? Well then A.A. is the perfect place for you. A.A. not only respects and wants to hear all opinions, but realizes that the minority may be right.

Another way the minorities will is demonstrated is in the way we choose our delegates to the General Service Conference, and other trusted servants. By including all who are eligible to stand for office, having a series of ballots and insisting that no one is chosen unless he or she has at least a 2/3 majority, we try to keep the minority small. If no one can attain a 2/3 majority after 4 ballots, the top two candidates names are placed in a hat and the winner is drawn. This assures that the minority candidate has an equal chance to be selected.

In most of our A.A. business proceedings we want to have all motions pass by at least a 2/3 majority. Even after a motion has initially passed, we reserve a time so all in the minority who wish may again speak to the question, unopposed. If they can persuade at least 2 people in the majority that they had a valid argument or a new idea, a motion to reconsider can be made and seconded. If after the vote more than half wish to reconsider, the whole question is re-opened for debate one more time. This process insures that each members opinion will be heard and considered by the majority, and sometimes even a minority of one can show the majority a better way.

Reserving the final decision until all are heard also implies some responsibility for the minority. Having been heard so thoroughly, the minority may understand the overwhelming will of the majority and hopefully has the willingness to put their differences aside and join with the majority.

In his essay on Concept 5, Bill writes: “The well-heard minority, therefore, is our chief protection against an uninformed, misinformed, hasty, or angry majority.” I believe that “respect” is the essence of Concept 5.

Jim C., Costa Mesa

## MEETING CHANGES SINCE JANUARY 8, 2007

### SUNDAY

#### **HUNTINGTON BEACH**

6:00 AM (C) COVER TO COVER BIG BOOK STUDY 18582 Beach Blvd #2 @ Ellis, New meeting

#### **LAKE FOREST**

6:00 AM ATTITUDE ADJUSTMENT 22771 Centre Dr @ Rockfield (Lake Forest Lanes) New address  
7:30 AM (C) 11TH STEP DISCUSSION 22771 Centre Dr @ Rockfield (Lake Forest Lanes) New address

#### **LOS ALAMITOS**

6:00 PM BIG BOOK STUDY 4376 Katella Av cs Lexington (2nd Floor) New address

#### **SAN JUAN CAPISTRANO**

6:00 AM TAKING A TRIP 27174 Ortega Hwy @ I-5, New meeting

### MONDAY

#### **COSTA MESA**

4:00 PM (C) LET GO & LET GOD 420 W 19th St.(1st Methodist Church) New address

6:30 PM COSTA MESA MEN'S STAG 2040 Placentia Ave. Time change

#### **FULLERTON**

7:30 PM FREEDOM MEETING 1115 W. Orangethorpe @ Euclid, New name and time

#### **HUNTINGTON BEACH**

7:30 PM WOMEN'S SANS 18631 Chapel Lane @ Ellis (St. Wilfrid's Church) Changed to Open

#### **IRVINE**

12:00 PM IRVINE NOON GROUP 5101 Alton Parkway, @ Jeffrey (St John Neumann Classroom 1 in back) New address

5:30 PM ON THE WAY HOME 17321 Murphy Ave. @ McGaw ( New Canaan Church) New address

6:30 PM (C) WOMEN'S BIG BOOK TOPIC DISCUSSION 4949 Alton Pkwy. (St. Paul's Orthodox Church) Address and time change

#### **LAGUNA BEACH**

6:30 PM (C) WOMEN'S BIG BOOK STUDY 21632 Wesley Dr. @ PCH (Classroom Downstairs) Time change

8:00 PM (C,G) MEN'S BOOK STUDY 31872 Pacific Coast Hwy (Hospital Community Rm) Added room location

#### **LAKE FOREST**

6:00 AM ATTITUDE ADJUSTMENT 22771 Centre Dr @ Rockfield (Lake Forest Lanes) New address

7:30 AM (C) STEP STUDY 22771 Centre Dr @ Rockfield (Lake Forest Lanes) New address

#### **MISSION VIEJO**

7:30 PM BELL RINGERS BIG BOOK DISCUSSION MEN'S STAG 27641 Aquamarine (House) Location set

#### **SAN JUAN CAPISTRANO**

6:00 AM TAKING A TRIP 27174 Ortega Hwy @ I-5 New meeting

#### **SANTA ANA**

7:30 AM (C) DISCUSSION EARLY BIRDS 212 S Elk Ln @1st & Elk) Address clarification

7:00 PM (C) MEN'S DISCUSSION 212 S Elk Ln @1st & Elks (enter from northside of Elk Lane) Address clarification

#### **TUSTIN**

6:15 PM (C) TUSTIN WOMEN'S 12&12 STUDY 1221 Wass, (St Paul's Church) New location

### TUESDAY

#### **ANAHEIM**

6:30 PM (C) 6TH & 7TH STEP STUDY 710 W. Broadway @ Harbor (Broadway Christian Cnt rm#4) New Meeting

#### **DANA POINT**

9:30 AM (C) WOMEN'S BACK TO BASICS STEP STUDY 24642 San Jaun Ave, PCH & Del Prado (Old DP Historical Society Bldg) New meeting

#### **IRVINE**

12:00 PM (C) TUESDAY WOMEN'S BIG BOOK TOPIC DISCUSSION

5101 Alton Parkway, @ Jeffrey (St John Neumann) New address

12:00 PM IRVINE NOON GROUP 5101 Alton Parkway, @ Jeffrey (St John Neumann) New address

5:30 PM ON THE WAY HOME 17321 Murphy Ave. @ McGaw ( New Canaan Church) New address

#### **LAKE FOREST**

6:00 AM ATTITUDE ADJUSTMENT 22771 Centre Dr @ Rockfield (Lake Forest Lanes) New address

7:30 AM (C) DISCUSSION 22771 Centre Dr @ Rockfield (Lake Forest Lanes) New address

#### **SAN JUAN CAPISTRANO**

6:00 AM TAKING A TRIP 27174 Ortega Hwy @ I-5 New meeting

5:00 PM (C) SAN JUAN LADIES STEP STUDY 27514 Calle Arroyo off Rancho Viejo Rd. (Community Center) No child care

#### **YORBA LINDA**

7:30 PM (C) WOMEN'S DISCUSSION 16800 Imperial Hwy (Nazarene Church) New Location & Time

### WEDNESDAY

#### **ANAHEIM**

6:30 PM MEN'S STAG 523 W Victor Ave @ Harbor New meeting

#### **CORONA DEL MAR**

7:00 AM (C) WEDNESDAY WOMEN'S BIG BOOK STUDY 800 Marguerite @ 5th (Oasis Senior Center) Correct city

#### **COSTA MESA**

7:30 PM (C) BACK TO BASICS STEP STUDY 420 W 19th St.(1st Methodist Church) New meeting

7:45 PM (C) DESIGN FOR LIVING 1855 Park Ave @ 19th (Library) New meeting

#### **IRVINE**

12:00 PM IRVINE NOON GROUP 5101 Alton Parkway, @ Jeffrey (St John Neumann) New address

5:30 PM ON THE WAY HOME 17321 Murphy Ave. @ McGaw (New Canaan Church) New address

#### **LAGUNA WOODS**

7:30 AM 164 BIG BOOK 24442 Moulton Pkwy (United Methodist Church's Youth rm) New meeting

#### **LAKE FOREST**

6:00 AM ATTITUDE ADJUSTMENT 22771 Centre Dr @ Rockfield (Lake Forest Lanes) New address

7:30 AM (C) BIG BOOK STUDY 22771 Centre Dr @ Rockfield (Lake Forest Lanes) New address

#### **ORANGE**

7:00 AM ANYTHING GOES 812 Town & Country Rd. Changed name

#### **SAN JUAN CAPISTRANO**

6:00 AM TAKING A TRIP 27174 Ortega Hwy @ I-5 New meeting

### THURSDAY

#### **IRVINE**

12:00 PM IRVINE NOON GROUP 5101 Alton Parkway, @ Jeffrey (St John Neumann) New address  
Classroom 1 in back)

5:30 PM ON THE WAY HOME 17321 Murphy Ave. @ McGaw ( New Canaan Church) New address

#### **LAKE FOREST**

6:00 AM ATTITUDE ADJUSTMENT 22771 Centre Dr @ Rockfield (Lake Forest Lanes) New address

7:30 AM (C) DISCUSSION 22771 Centre Dr @ Rockfield (Lake Forest Lanes) New address

#### **SAN JUAN CAPISTRANO**

6:00 AM TAKING A TRIP 27174 Ortega Hwy @ I-5 New meeting

#### **TUSTIN**

6:15 PM WOMEN'S LIVING SOBER BIG BOOK STUDY 1221 Wass, (St Paul's Church) New address

8:00 PM (C) GRAPEVINE 12 & 12 STUDY 225 W. Main @ C, (Presbyterian Church Rm C205) New address

*Continued...*

## RECOVERY WORD SEARCH

A WORD SEARCH, like all the others you've seen: words can be up, down, across or diagonal. Have fun, and win a few minutes of free sobriety!

There are also 12 'AA's. Can you find them all?

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| T | C | E | P | S | E | R | E | L | A | T | E | D | G | T | A |
| U | G | H | R | Y | S | W | E | S | T | A | U | I | H | A | L |
| S | F | E | G | S | T | O | P | J | R | T | I | D | O | P | S |
| B | A | D | M | T | R | I | D | I | C | I | O | N | S | J | G |
| K | A | I | F | O | R | S | M | P | T | R | W | E | J | K | L |
| F | C | S | V | I | C | N | Z | Y | R | G | F | T | A | A | K |
| A | O | C | T | F | D | L | A | A | N | O | E | T | M | H | Q |
| A | P | U | R | P | O | S | E | S | W | O | B | A | T | R | K |
| H | A | S | N | A | A | G | F | W | E | T | N | L | I | O | A |
| L | Q | S | W | D | R | I | N | K | I | N | G | A | E | A | U |
| O | U | O | A | P | A | L | C | O | H | O | L | I | S | M | D |
| U | Y | A | M | E | E | T | I | N | G | S | W | E | D | G | S |
| O | Y | T | I | L | I | B | I | S | N | O | P | S | E | R | J |
| E | C | N | E | D | I | F | N | O | C | S | A | W | E | R | T |
| H | T | R | A | D | I | T | I | O | N | S | A | F | D | A | L |
| P | S | S | E | N | E | L | G | N | I | S | V | D | W | R | A |

Find the following words in the puzzle above:

|            |            |          |                |
|------------|------------|----------|----------------|
| Anonymity  | Singleness | Meetings | Confidence     |
| Spiritual  | Purpose    | Discuss  | Attend         |
| Foundation | Stop       | Problems | Responsibility |
| Traditions | Drinking   | Relate   | Respect        |
| Welcome    | Alcoholism |          |                |

Reprinted from the *Ventura County Tradition*

*Meeting changes continued...*

**FRIDAY**

**COSTA MESA**

7:00 PM (C) CHOW HOUND HOOLIGANS  
759 W 19th @ Placentia New Location

7:30 PM (C) MEN'S BACK TO BASICS BIG  
BOOK STUDY 420 W 19th St. (1st Methodist  
Church) New meeting

**DANA POINT**

12:15 PM FRIDAY LUNCH WOMEN'S BIG  
BOOK STUDY 33841 Niguel Road, (Library)  
New address

**FULLERTON**

7:30 PM ODD COUPLES WANDERING  
GROUP For information call (714) 773-4357  
New meeting

**IRVINE**

10:30 AM OVER 50 GROUP 4400 Barranca  
(St. Andrew's Church) Address Change (Until  
May 9th.)

12:00 PM IRVINE NOON GROUP 5101 Alton  
Parkway, @ Jeffrey (St John Neumann New  
address

12:00 PM (C) WOMEN'S "TOPIC" DISCUS-  
SION 5101 Alton Parkway, @ Jeffrey (St John  
Neumann) New address

5:30 PM ON THE WAY HOME TOPIC DIS-  
CUSSION 17321 Murphy Ave. (New Canaan  
Church) New address

7:00 PM WINNING TICKET STEP & BOOK  
STUDY 1 Sunnyhill @ Turtle Rock Dr  
(Community Club House, New address

**LAGUNA BEACH**

9:00 PM (G) LIVE & LET LIVE 20456 La-  
guna Canyon Rd. New address

**LAKE FOREST**

6:00 AM ATTITUDE ADJUSTMENT 22771  
Centre Dr @ Rockfield (Lake Forest Lanes)  
New address

7:30 AM 11TH STEP DISCUSSION 22771  
Centre Dr @ Rockfield (Lake Forest Lanes)  
New address

**SAN JUAN CAPISTRANO**

6:00 AM TAKING A TRIP 27174 Ortega Hwy  
@ I-5 New meeting

**SATURDAY**

**LAKE FOREST**

6:00 AM ATTITUDE ADJUSTMENT 22771  
Centre Dr @ Rockfield (Lake Forest Lanes)  
New address

7:30 AM 11TH STEP DISCUSSION 22771  
Centre Dr @ Rockfield (Lake Forest Lanes)  
New address

**LOS ALAMITOS**

7:30 PM WATERING HOLE 4111 Katella  
Ave. @ Bloomfield (Church) New Time

**NEWPORT BEACH**

12:10 PM OUR RELATIONSHIP WITH GOD  
AND OTHERS 414 E. 32nd St, New Time

6:00 PM DISCOVERY GROUP 1 Whitecliffs  
Dr. (Newport Aquatic Center) New meeting

**SAN JUAN CAPISTRANO**

6:00 AM TAKING A TRIP 27174 Ortega Hwy  
@ I-5 New meeting

**MEETING DELETIONS SINCE  
JANUARY 8, 2007**

**SUNDAY**

**NEWPORT BEACH**

12:15 PM SHARK AT THE AQUATIC  
CENTER 1 Whitecliffs Dr

**TUESDAY**

**LAGUNA BEACH**

7:30 PM (C,G) TUESDAY NIGHT GAY  
MEN'S STAG 31872 Pacific Coast Hwy.

**FRIDAY**

**CORONA DEL MAR**

7:00 PM SPEAKER Youth Center 5th & Iris

**SATURDAY**

**NEWPORT BEACH**

12:15 PM SHARK AT THE AQUATIC  
CENTER 1 Whitecliffs Dr.

7:30 PM DAILY REFLECTIONS 2100 Mar  
Vista (St.Mark's Church)





**GROUP CONTRIBUTIONS TO CENTRAL OFFICE— MARCH**

| <b>GROUP DONATIONS 2007 BY MONTH</b>          |            |            |   |         |       |  |       |             |
|---|------------|------------|---|---------|-------|--|-------|-------------|
| <b>CITY AND MEETING</b>                       | <b>MAR</b> | <b>YTD</b> |   |         |       |  |       |             |
| <b>CAPISTRANO BEACH</b> ^ ^                   |            |            | Th 7:30P-11th Step Disc., 1912 Florida        | \$64    | \$64  | <b>LAGUNA WOODS</b> ^ ^                      |       |             |
| Su 7:00P-60 Min.Beginr.Grp, 102 E. Baker      |            | \$385      | Fr 10:00A-Step Sisters, 20444 Magnolia/Simon  | \$66    | \$66  | Dly 7:30A-Do It Sober, 24442 Moulton         |       | \$1,020     |
| Sa 9:30A-Pines Park Disc, Pine Bluffs Prk     |            | \$133      | Fr 6:00P-Eleventh Step Round Robin, 18582 Bea | \$121   |       | We 1:15P-Wmn's B.B.Stdy, 24351 El Toro       | \$60  | \$180       |
| Sa 6:00P-Keep It Simple, 34381 Portola        | \$90       | \$90       | Fr 6:30P-Big Book Study, 16400 Springdale     | \$100   | \$100 | Fr 10:00A-Top oTheHillGang, 24252 El Toro    |       | \$80        |
| <b>CORONA DEL MAR</b> ^ ^                     |            |            | Sa 7:30A-Men's Discussion, 9812 Hamilton      | \$30    | \$30  | <b>LA HABRA</b> ^ ^                          |       |             |
| Dly 7:00A-Solutions Oasis, 5th & Marg.        | \$803      | \$1,209    | Sa 9:30A-Wmn's Big Book Study, 18582 Beach    |         | \$193 | <b>LAKE FOREST</b> ^ ^                       |       |             |
| We 7:30P-Living Sober Grp, 611 Heliotrpe      |            | \$143      | Sa 10:00A-Wmn's B.B.Stdy, 18631 Chapel        |         | \$60  | <b>LOS ALAMITOS</b> ^ ^                      |       |             |
| Th 7:30P-Living BB Study, 611 Heliotrpe       | \$50       | \$50       | Sa 7:00P-Sat.Night LiveBBStdy, 18631 Chapel   | \$40    | \$40  | Th-Cover to Cover                            |       | \$20        |
| Fr 7:30P-Rebels Disc., 611 Heliotrope         | \$130      | \$258      | <b>IRVINE</b> ^ ^                             |         |       | <b>MISSION VIEJO</b> ^ ^                     |       |             |
| <b>COSTA MESA</b> ^ ^                         |            |            | Dly 6:30A-Sunrise Sobriety, 4400 Barranca     | \$1,071 |       | Mo&Th 7:30P-B.B.Stdy, Jeronimo & Marg.       | \$316 | \$466       |
| Dly 7:00A-Daily Reflect, 2040 Placentia       |            | \$100      | M-F 6:30A-It's A New Morning, 4915 Alton      | \$334   |       | Mo 7:00P- Women'sStep Stdy, 26051 Marg.      |       | \$105       |
| M-F 6:45A-Morning Meditat., 183 E. Bay        | \$120      | \$220      | M-F 12:00P-Irvine Noon Group, 2777 McGaw      | \$1,040 |       | We 9:30A-Women, 26051 Marguerite Pkwy        | \$42  | \$42        |
| M-F 12:00P-Noon Rec., 420 W.19th St.          | \$246      | \$1,169    | M-F 5:30P-On The Way Home,                    |         | \$173 | We 8:30P-Missionaries Disc., 26558 Marg.     |       | \$270       |
| Su 3:00P-Member's Eye View, 2040 Placentia    |            | \$46       | Su 10:00A-Donut Mtg., 6670 Alton Prkwy.       | \$235   | \$410 | Sa 7:15P-Mission Speakers, 24932 Veterans Wa |       | \$105       |
| Su 7:00P-60 Min.Beginr.Grp, 102 E. Baker      |            | \$75       | Mo 6:00P-Women's B. B. Topic, 6670 Alton      |         | \$123 | <b>NEWPORT BEACH</b> ^ ^                     |       |             |
| Mo 12:00P-Clean&Serene B.B., 660 Baker        |            | \$70       | Mo 6:30P-Easy Does It, 4949 Alton             | \$70    | \$210 | Dly12:15P-Old Nwprt Nomads, 414Old Nwprt Bl  |       | \$883       |
| Mo 7:00P-Livg Sober Grp, 2040 Placentia       | \$100      | \$100      | Mo 7:30P-Women's Disc., 6000 Irvine Cntr.     |         | \$90  | M-S 7:00A-Roundtable Disc, 414 E. 32nd St    |       | \$800       |
| Tu 7:00P-A25011th Step Solu, 2850 Fairview    | \$100      | \$100      | We 6:30P-B. B. Topic Disc., 5001 Nwprt Cst Dr | \$57    | \$92  | M-F 6:30A-Balboa Round Table, 605 E Balboa   | \$90  | \$418       |
| We 12:00P-High Noon Steppers, 660 Baker       |            | \$50       | We 7:30P-Wild Bunch Begin, 18842 Teller       | \$105   | \$105 | M-F 12:15P-Shark@Aquatic, 1Whitecliffs       | \$731 | \$1,610     |
| We 7:00P-Mens B.B. Study, 102E. Baker         |            | \$50       | We 8:00P-12 Solutions Step Study, Harvard     | \$100   | \$200 | M-F 5:30P-Fish Out'a Water, 414 E. 32nd      | \$168 | \$439       |
| We 7:30P-Back to Basics, 420 19th St          |            | \$83       | Th 6:30P-(W) Gypsies, Deerfield & Turtlelock  |         | \$98  | Su 11:30A-Here and Now, 414 E. 32nd St.      |       | \$50        |
| Th 7:00P-12 Steps & 12 Traditions, E. Bay     |            | \$30       | Fr 10:30A-Over 50 Group, 6670 Alton           | \$65    | \$235 | Su 9:30A-Sandy Survivors, On the beach       |       | \$205       |
| Fr 12:00P-Noon Participation, 2040 Placentia  |            | \$20       | Fr 5:30P-Topic Disc.Group, 6670 Alton Pkwy    | \$34    | \$82  | Su 7:30P-Speakers, 414 E. 32nd St            |       | \$675       |
| Fr 12:00P-Businessman Stag, 660 Baker #421    |            | \$91       | Sa 9:15A-Step Study, 6670 Alton Pkwy          | \$115   | \$324 | Mo 12:30P-Back Bay Men's, 1201 IrvineAve     |       | \$700       |
| Fr 7:30P-Mens Back to Basics, 420 19th St     |            | \$98       | Sa 11:00A-Acceptance Grp, 3 Ethel Coplen      | \$177   | \$297 | Mo 6:45P-Beg.&Tradition Grp,1400 Balboa      |       | \$342       |
| Fr 8:00P-Big Book Study, 1865 Anaheim         | \$50       | \$50       | <b>LAGUNA BEACH</b> ^ ^                       |         |       | Mo 7:00P-Over 40 Disc, 5th & Iris            |       | \$25 \$25   |
| Sa 9:30A-Charle St. Overflow, 2025 Charle     |            | \$150      | Dly 7:00A-Attitude Adjustment, 20456 LCR      |         | \$650 | Mo 8:00P-Men's Disc, 301 Newport Blvd        |       | \$160 \$340 |
| Sa 9:30A-Men's By The Book, 102 E. Baker      |            | \$242      | M-F 7:00A-Meetings At Roby's, 30622 PCH       |         | \$20  | Tu 7:00P-Wmn's Book Stdy, 2414VistaDelOro    | \$106 | \$106       |
| Sa 9:30A-Sat Morn Women's Gr, 2040 Placentia  |            | \$81       | Su 7:05A-Montage Group, (Montage Resort)      | \$145   | \$683 | We 6:30A-Big Book Topic Disc, 5001 NP Coast  |       | \$83        |
| Sa 6:00P-Cover-To-Cover, 183 E Bay St         |            | \$35       | Su 10:00A-Heisler Park Disc., Cliff&Jasmine   | \$140   | \$140 | Th 7:00P-Over 40's, 414 32nd Street          |       | \$50        |
| Sa 8:00P-Keep It Simple, 2850 Fairview        |            | \$45       | Mo 6:30P-Big Book Study, 20456 LCR            |         | \$55  | Fr 7:00P-Friday Q & A, 414 32nd Street       |       | \$160       |
| <b>CYPRESS</b> ^ ^                            |            |            | Mo 6:30P-Women's Big Book Study, Wesley       | \$75    | \$75  | Sa 7:30P-Daily Reflections, 2100 Mar Vista   | \$98  | \$98        |
| <b>DANA POINT</b> ^ ^                         |            |            | Mo 7:00P-Mon Night Men's Stag @Patrick's      | \$83    | \$83  | Sa 8:30P-Hoag Hut Speaker, 301 Newport Ave   |       | \$1,000     |
| Dly 7:00A-Hard Core Harbor Grp                |            | \$3,980    | Mo 8:00P-Men's Stag, 20456 LCR                |         | \$120 | <b>ORANGE</b> ^ ^                            |       |             |
| Mo 5:30P-Women's Disc, Ensenada & DPH         |            | \$137      | Mo 8:00P-Men's BB Study, 31872 PCH            | \$70    | \$70  | Su 11:00A-Sunshine Pumpers, 705 W LaVeta     | \$140 | \$280       |
| Th 7:00A-(W) HarborTopic Disc.S Juan&VL       | \$42       | \$126      | Tu 12:30P-Serenity-Sea Women's, Wesley        | \$74    | \$74  | Mo 7:00P-Women's Step Study, 161 Orange      | \$125 | \$125       |
| Fr 12:15P-Fri Lunch Women's BB, 33841         | \$25       | \$25       | Tu 12:00P-Promises Discussion, 20456 LCR      | \$129   | \$129 | <b>RANCHO SANTA MARGARITA</b> ^ ^            |       |             |
| Sa 7:00P-Speaker, 33926 Calle Primavera       |            | \$128      | Tu 12:30P-Women's Discussion, 20456 LCR       |         | \$200 | Mo 7:00P-(W)Staying Sober, 30382ViaConDios   |       | \$37        |
| <b>FOUNTAIN VALLEY</b> ^ ^                    |            |            | Tu 6:00P-Here & Now, 20456 LCR                |         | \$60  | Mo 7:30P-Men's, 30605 Ave de la Flores       |       | \$120       |
| Dly 6:00A-Solutions, 16581 Brookhurst         | \$200      | \$200      | We 7:00A-WhaleWatch.Men's,PCH&Westley         |         | \$550 | Tu 7:30P-Old TimeB.B.Stdy, 30322ViaCDios     |       | \$180       |
| We 8:00P-Discussion, 10280 Slater             |            | \$56       | We 6:00P-Beginner's, 20456 LCR                |         | \$105 | We 7:30P-RSM StepStudy, 30382 ViaCDios       |       | \$189       |
| <b>GARDEN GROVE</b> ^ ^                       |            |            | We 8:00P-Men's Participation, 21632 Wesley    | \$30    | \$30  | Fr 7:30P-Roads End Part., 30322 ViaCDios     |       | \$150       |
| Mo 12:30P-Daylight Disc., 9845 Belfast        |            | \$60       | Th 12:30P-Women's Disc., 415 Forest Ave.      |         | \$120 | Sa 10:30A-Women's BB Study, ViaConDios       |       | \$50        |
| Tu 7:00P-Top of the Key Bkstdy, 9th&Lampsn    | \$85       | \$170      | Th 6:00 P-Women's Discussion,20456 LCR        |         | \$140 | <b>SAN CLEMENTE</b> ^ ^                      |       |             |
| Fr 10:30A-Women's (C)12 & 12, 9845 Bfist      |            | \$36       | Th 6:30P-Mens's BYOB 12& 12 Step Study        |         | \$140 | Mo 7:00P-N.O.I. Men's, Camino Capistrano     | \$193 | \$403       |
| Sa 10:30A-Big Book Study, 9845 Belfast        |            | \$128      | Fr 12:00P-Question & Answer, 20456 LCR        | \$70    | \$70  | <b>SAN JUAN CAPISTRANO</b> ^ ^               |       |             |
| <b>HUNTINGTON BEACH</b> ^ ^                   |            |            | Fr 6:00 P-Happy Hour and Half, 20456 LCR      |         | \$150 | Su 5:00P-1 Hr Topic Disc, 27514CalleArroyo   |       | \$60        |
| Dly 7:00A-Hggrs As Bill Sees It, 8200 Ellis   |            | \$300      | Fr 6:00P-Literature Mtg, 21632 Wesley         |         | \$245 | Mo 6:00P-B.B.Study, 27514 Calle Arroyo       | \$55  | \$55        |
| Dly 7:30A-Attitude Mod., 18582 Beach          | \$120      | \$180      | Fr 7:30P-Candlelight Disc., 20456 LCR         |         | \$170 | We 7:00P-11th Step Disc, 27514 C. Arroyo     |       | \$108       |
| Dly 8:00A-Huggers II, H.B Lifegr Tower 11     | \$159      | \$638      | Sa 7:00A-Whale Watchers Mens Stag             |         | \$533 | Th 6:00P-Do The Steps, 32202 Del Obispo      | \$142 | \$142       |
| Su 9:00A-On The Beach, Lifegr Tower 11        |            | \$90       | Sa 7:00P-Beginners, 31872 PCH                 |         | \$719 | Th 7:30P-Men's Q & A, 32202 Del Obispo       |       | \$262       |
| Su 12:00P-3rd Step Meeting, 18582 Beach       |            | \$50       | Sa 8:00P-Endless Summer II, 21540 Westly      | \$448   | \$448 | <b>SANTA ANA</b> ^ ^                         |       |             |
| Su 5:00P-Creative Sharing, 18582 Beach        | \$200      | \$200      | <b>LAGUNA HILLS</b> ^ ^                       |         |       | Dly 12 & 8pm-Nueva Luz, 2525 N.Grand         | \$40  | \$69        |
| Su 7:30P-Discussion, 20444 Magnolia/Simon     |            | \$120      | Mo 6:00P-Women'sDisc, 23802 AveD.Carlota      |         | \$180 | Mo 7:00P-Men's Discussion, 1st&Lyon Elks L.  |       | \$20        |
| Mo 12:00P-Women's As Bill Sees It, 18631 Chap |            | \$90       | Tu 7:00P-Men's Stag, 23802 Ave de Carlotta    |         | \$140 | Fr 8:00P-51/50, 614 Bush Street              |       | \$30 \$70   |
| Mo 7:30P-B.B. Stdy, 20444 Magnolia/Simon      |            | \$70       | Tu 7:30P-Women's B.B.Study, 24566 Ashland     |         | \$60  | Sa 2:00P-Speakers, 910 N. French             |       | \$100       |
| Mo 7:00P-Men's B. B. Stdy, 1912 Florida       | \$10       | \$70       | We 7:00P-Get Happy 12&12 Study,Av Carlota     | \$20    | \$52  | <b>SEAL BEACH</b> ^ ^                        |       |             |
| Mo 7:30P-Big Book Study, 20444 Magnolia/Simon |            | \$140      | <b>LAGUNA NIGUEL</b> ^ ^                      |         |       | We 7:30P-Men's Step Study, 8th & Central     | \$75  | \$75        |
| Mo 7:30P-Wmn's Sans , 18631 Chapel Ln.        |            | \$60       | Su 8:00P-Crown Valley Speaker, Commu Park     |         | \$205 | <b>SUNSET BEACH</b> ^ ^                      |       |             |
| Tu 1:00P-Harmony Women's, Edinger Denney's    | \$40       | \$160      | Mo 10:30A-(W) 12X12 Stdy, 30121 Niguel Rd     |         | \$120 | Su 7:15A-Sober Sunday Sunrise, 16865 PCH     |       | \$120       |
| Tu 7:30P-Wmn's Serenity B.B., Magnolia/Simon  |            | \$120      | Mo 8:00P-12&12 Study, 30121 Niguel Rd         | \$240   | \$240 | Su 9:00A-SoberOnTheSand, End of 16th St.     |       | \$70        |
| Tu 8:00P-Newcomers Stag, 20444 Magnolia/Simon |            | \$60       | Tu 7:30P-Book Study, 30121 Niguel Rd.         |         | \$164 | Su 7:00P-11th Step Study, 16865 PCH          | \$168 | \$168       |
| Tu 8:00P-Tues.Night Zeider Ln, 17461 Z. Ln.   | \$50       | \$100      | We 6:00P-Book Study, 30121 Niguel Rd.         | \$60    | \$90  | Mo 7:00A-Discussion, 16865 PCH               |       | \$138       |
| We 6:00P-Discussion, 18582 Beach #2           |            | \$40       | We 7:30P-Book Study, 30121 Niguel Rd.         | \$25    | \$25  | Tu 7:00A-Discussion, 16865 PCH               |       | \$60        |
| We 6:30P-Wmn's Step Stdy, 7641 Talbert        |            | \$60       | Fr 10:30A-Women's Disc., 30121 Niguel Rd.     |         | \$120 | Tu 12:00P-Discussion, 16865 P.C.H.           |       | \$80        |
| Th 10:00A-Wmn's B. B. Stdy, 18631 Chapel      |            | \$60       | Sa 6:00P-Candlelight Disc., 30121Niguel Rd    | \$60    | \$120 | Tu 6:00P-Discussion, 16865 P.C.H.            | \$30  | \$30        |
|   |            |            |   |         |       | Th 5:30P-Women's Meeting, 16865 PCH          |       | \$100       |

Continued...

Group contributions continued

|   |          |          |
|---|----------|----------|
| Fr 12:00P-Discussion, 16865 PCH                 | \$20     |          |
| Fr 8:00P-Discussion, 16865 PCH                  | \$70     |          |
| Sa 7:30A-Discussion, 16865 PCH                  | \$135    |          |
| <b>TUSTIN</b>                                   |          |          |
| Dly 6:00A-FoothillEarlyRisers, 19211Dodge       | \$700    | \$700    |
| Dly 6:00A-Attitude Adj, 14662 Newport           | \$68     | \$428    |
| Dly 6:00A-Attitude Mod, 130 W. Main             | \$216    | \$1,033  |
| Dly 12:00P-Brown Baggers, 130 W. Main           | \$285    | \$539    |
| Dly 5:30P-Rush Hour, 130 W. Main.               |          | \$1,229  |
| M-F 12:00P-Alkies Winners, 555 W.Main           | \$87     | \$287    |
| Su 9:02A-Speakers, 130 W. Main                  |          | \$31     |
| Su 7:00P-Chapt. 9 Book Study, 1201 Irvine       |          | \$100    |
| Su 7:30P-Sober & Crazy Spkrs, 130 W. Main       | \$182    | \$322    |
| Mo 7:30P-Men's Discussion, 130 W. Main          | \$40     | \$128    |
| Tu 12:00P-Women's 12 & 12, Nwpt & Dodge         | \$5      | \$124    |
| Tu 8:00P-Steps 1-4, Aldergate Church            | \$60     | \$60     |
| We 7:00P-LuckyStiffsMen's, 18542Vanderlip       |          | \$112    |
| We 7:00P-Women's Solutions, 19211 Dodge         |          | \$90     |
| Th 12:00P-Women's Big Book, 19211 Dodge         |          | \$95     |
| Th 6:15P-Women's Living Sober, 1201 Irvine Bl   |          | \$81     |
| Fr 7:30P-Turning The Corner, 1221 Wass          | \$43     | \$179    |
| Sa 8:00P-Visiting Speakers, 1221 Wass           | \$92     | \$92     |
| <b>VILLA PARK</b>                               |          |          |
| <b>WESTMINSTER</b>                              |          |          |
| Mo 7:30P-12&12Beginners, 15750 Magnolia         | \$70     | \$70     |
| <b>WHITTIER</b>                                 |          |          |
| <b>UNLISTED GROUPS</b>                          |          |          |
| AOCYPAA   | \$450    |          |
| Tu 5:30P-Big Book Tape Study, (Unlisted) Irvine | \$113    |          |
| Tu 8:00P-Last Gasps (Unlisted)CM                | \$50     |          |
| <b>WANDERING GROUPS</b>                         |          |          |
| Sa 8:00P-Orange County Wandering Group          | \$80     |          |
| <b>MISC. DONATIONS</b>                          |          |          |
| Intergroup Meeting                              | \$72     | \$219    |
| <b>PERSONAL DONATIONS</b>                       |          |          |
| Anonymous                                       | \$500    |          |
| Cyndi H.  | \$8      |          |
| Chris K.  | \$140    |          |
| E. Douglas M. Irvine                            | \$400    |          |
| June L. Irvine                                  | \$25     | \$75     |
| Wanda R. Huntington Beach                       |          | \$20     |
| Richard B. Irvine                               |          | \$140    |
| Missy B. Ladera Ranch                           |          | \$35     |
| Mari K. Long Beach                              |          | \$70     |
| Micheal V                                       | \$150    | \$150    |
| Victoria M. Laguna Niguel                       |          | \$100    |
| Vaun I. Laguna Beach                            | \$198    | \$396    |
| <b>IN LOVING MEMORY</b>                         |          |          |
| Jerry E. Costa Mesa                             | \$30     |          |
| Theda J. Laguna Woods                           | \$50     |          |
| <b>GROUP INFORMATION REQUESTED</b>              |          |          |
| Receipt # 7899                                  | \$240    |          |
| Receipt # 7891                                  | \$60     |          |
| Receipt # 7974                                  | \$67     | \$67     |
| Receipt # 7983                                  | \$210    | \$210    |
| Receipt # 8041                                  |          | \$120    |
| Receipt # 8067                                  |          | \$50     |
| Receipt # 8238                                  | \$630    | \$630    |
| Receipt # 8239                                  | \$280    | \$280    |
| Receipt # 8240                                  | \$100    | \$100    |
| Receipt # 8259                                  | \$40     | \$40     |
| Receipt # 8260                                  | \$70     | \$70     |
| <b>TOTALS</b>                                   | \$12,081 | \$50,021 |



May 18-20, 2007

*Tri-State 23rd Annual Round-up*  
Laughlin, NV  
www.tristate-roundup.com

May 25-27, 2007

*21st Annual "Gathering of the Eagles"*  
Dallas, TX  
www.dallasgatheringofeagles.org

June 1-3, 2007

*Flagstaff 2007 Roundup*  
Flagstaff, AZ

June 8-10, 2007

*Sober fun in the new old west*  
*5th Annual Round-up*  
Pahrump, NV

June 15-17, 2007

*62nd Annual Texas State Convention*  
Fort Worth, TX  
www.txaaconvention.com

July 12-15, 2007

*Serenity in the Sierra XVIII*  
*Greater Reno Regional AA Campout*  
Camp Richardson, South Lake Tahoe

August 30-September 2, 2007

*49th ICYPAA*  
Los Angeles, CA  
www.49thcypaa.org

August 31-September 2, 2007

*Monterey Bay Area Roundup*  
Monterey, CA  
AA: (831) 521-9360  
Al-Anon: (831) 224-0060

If you need more information about any of these events, please call the Central Office: (714) 556-4555

**CENTRAL OFFICE ACTIVITY-March**

Total Calls Handled by Both Offices: 2956

**Main and Satellite Office Volunteers**

|                     | Feb | Mar  |
|---------------------|-----|------|
| 12 Step Calls       | 12  | 24   |
| Meeting Information | 897 | 1020 |
| General Information | 478 | 493  |
| Walk-in Customers   | 314 | 323  |

**Night Owl Volunteers**

|                     |     |     |
|---------------------|-----|-----|
| 12 Step calls       | 9   | 17  |
| Meeting Information | 640 | 727 |
| General Information | 341 | 352 |

**WEB SITE STATISTICS**

The first issue of the *Lifeline* was July, 2006. Since that time, there have been 2,905 "Hits" on the *Lifeline* home page. The actual issue .pdf files have been accessed 3,904 times.

In March, there were 11,820 "visits" to [www.oc-aa.org](http://www.oc-aa.org). From May, 2006, through March, 2007, visits averaged 12,366 per month.



*To Carry the Message of Alcoholics Anonymous to the Alcoholic who is confined in a Hospital or Institution"*

**How Do I Get Involved?**

To become a member of Orange County Hospitals & Institutions Committee, a volunteer must have 1 year of continuous sobriety, attend three consecutive monthly business meetings and attend a new members orientation.

**Where and When?**

Garden Grove Alano Club  
9845 Belfast Drive  
Garden Grove, CA  
(714) 534-2244

On the 2nd Sunday of each month

- Institutions Committee: 4:00-5:00 pm (Orientation for new members at 3:15 pm)
  - Hospitals Committee: 6:00-7:00 pm (Orientation for new members at 5:15 pm)
- For additional information call:  
Central Office: 714-556-4555

**South Orange County H & I**

**Where and When?**

2nd Thursday of Every Month 7:30 pm  
Laguna Canyon Club  
20456 Laguna Canyon Rd., Laguna Beach

**ORANGE COUNTY CENTRAL OFFICE ANNUAL OPEN HOUSE CHILI COOK-OFF**

11:30 AM- 3:00 PM...JUDGING 12:00 PM...SPEAKER: 1:00 PM



Where: Central Office  
1526 Brookhollow Dr., Ste. 75  
Santa Ana, CA 92705  
(714) 556-4555

**Saturday  
June 9, 2007**

*Bring your favorite chili and join us in honor of AA's Founders Day (and Dr. Bob's B-Day)*

**THE LIFELINE**  
**1526 BROOKHOLLOW DR. , SUITE 75**  
**SANTA ANA, CA 92705**

*Published monthly by the Orange County Intergroup Association*

**Purpose:** The Orange County Lifeline Committee is a committee of volunteer A.A. members, charged with the responsibility of producing and distributing the Orange County Lifeline, (a publication of the Orange County Intergroup Association). The Lifeline is published monthly and is supported solely through contributions from the A.A. groups and members of Orange County. The Lifeline is published to meet the following needs of the Orange County A.A. membership: to inform the A.A. membership regarding A.A. service, A.A. events and A.A. announcements; also to share experience in recovery, unity and service; to keep the A.A. membership informed regarding the actions, finances and meetings of the Orange County Intergroup Association and other Central Office committees.

**Lifeline Committee: We meet the 1st Thursday of each month at the Central Office. Join us @ 7PM.**

Dave M. (Chair); Jim S., Phil F., Nick M., George L., Cathy R., Tarcy H. (Editor)

Mail submissions to the above address or email to Lifeline Committee at [lifelineeditor@yahoo.com](mailto:lifelineeditor@yahoo.com)

**CENTRAL OFFICE CALL FORWARDING SHIFTS**

Call-forwarding is the program instituted by Orange County Central Office whereby, during hours when the Central Office is closed, calls to the Central Office are forwarded to your phone and you answer the calls, just as if you were sitting in the Central Office as a volunteer. This service allows the Central Office to realize a significant cost savings because we do not need to contract to a vendor to answer the phone and forward the call on to a central Office 12th Step volunteer. Even more vital, when a call is placed to Alcoholics Anonymous, the caller will be talking to an A.A. member not a paid private worker! Many of the shifts listed below are currently filled by A.A. members. If you see a shift that you would be able to take, please call the Central Office at (714) 556-4555 to determine if that shift is currently unfilled.

| Monday             | Tuesday            | Wednesday          | Thursday           | Friday             | Saturday  | Sunday  | Holiday   |
|--------------------|--------------------|--------------------|--------------------|--------------------|---|---|---|
| 6am-9am<br>9pm-6am | 6am-9am<br>9pm-6am | 6am-9am<br>9pm-6am | 6am-9am<br>9pm-6am | 6am-9am<br>9pm-6am | 6am-9am<br>1pm-4pm<br>4pm-7pm<br>7pm-10pm<br>10pm-6am | 6am-10am<br>10am-2pm<br>2pm-6pm<br>6pm-10pm<br>10pm-6am | 6am-10am<br>10am-2pm<br>2pm-6pm<br>6pm-10pm<br>10pm-6am |

| Monday             | Tuesday            | Wednesday          | Thursday           | Friday             | Saturday  | Sunday  | Holiday   |
|--------------------|--------------------|--------------------|--------------------|--------------------|---|---|---|
| 6am-9am<br>9pm-6am | 6am-9am<br>9pm-6am | 6am-9am<br>9pm-6am | 6am-9am<br>9pm-6am | 6am-9am<br>9pm-6am | 6am-9am<br>1pm-4pm<br>4pm-7pm<br>7pm-10pm<br>10pm-6am | 6am-10am<br>10am-2pm<br>2pm-6pm<br>6pm-10pm<br>10pm-6am | 6am-10am<br>10am-2pm<br>2pm-6pm<br>6pm-10pm<br>10pm-6am |

In order to volunteer for this service, you must first arrange with the Central Office Manager for a brief orientation session which will be held at the Central Office. This truly is "front-line" 12th Step work and we would appreciate any time you can give.

## Happy Birthday

Many A.A. members celebrate their AA Birthday by sending a donation to Central Office. These donations help to keep the doors of the office open so that new members may receive the same help so many of us already have received. Others make a quarterly donation, or simply make Personal Contributions. All donations are greatly appreciated.

| <u>May Birthdays</u> |               |          |
|----------------------|---------------|----------|
| Vickie B.            | Lake Forest   | 3 years  |
| Laurie G.            | Dana Point    | 6 years  |
| Dick S.              | Orange        | 10 years |
| Carol A.             | Long Beach    | 13 years |
| Anonymous            |               | 17 years |
| Bill W.              | Laguna Niguel | 33 years |

Clip and send with your Birthday contribution

FOR \_\_\_\_\_

CITY \_\_\_\_\_

Sobriety Date/Years \_\_\_\_\_

Amount Enclosed: \_\_\_\_\_

Send to:  
 Orange County Central Office  
 1526 Brookhollow, Suite 75  
 Santa Ana, CA 92705



Do you have two years of sobriety?

*With the Convenience of Using Your Own Phone While Being In Your Own Home You Can Receive That Rewarding Feeling From Helping an Alcoholic To Get a Start in A.A.*

Call-Forwarding Is Here to Help Us Deliver the Message To Alcoholics

*Twenty-Four Hours Every Day!  
Seven Days Every Week!*

Please See if Your Schedule Can Match Up With a Call-Forwarding Shift Schedule.

Get In Touch With the Orange County Central Office To Find Out. Please Call: (714) 556-4555

# Speakers

## Garden Grove

### **Saturday Night Speakers, 8:00 PM**

Garden Grove Alano Club, 9845 Belfast Dr.

Contact: Jon W.

|      |              |           |
|------|--------------|-----------|
| 5/5  | Sean         | H & I     |
| 5/12 | Gary         | Tustin    |
| 5/19 | Tina & Brian | Anaheim   |
| 5/26 | Rick         | Fullerton |

## Huntington Beach

### **Saturday Night Lite Speakers, 7:00 PM**

HOW Hall, 18582 Beach Blvd.

Behind Flower Kiosk @ Ellis

Contact: Kevin B.

|      |           |                  |
|------|-----------|------------------|
| 5/5  | Sonny F.  | Huntington Beach |
| 5/12 | Arum      | Los Angeles      |
| 5/19 | Johnny K. | Huntington Beach |
| 5/26 | Jenie J.  | Huntington Beach |
| 6/2  | Brian B.  | Huntington Beach |
| 6/9  | Bev L.    | Costa Mesa       |
| 6/16 | Neil G.   | Newport Beach    |
| 6/23 | Nori G.   | Los Angeles      |
| 6/30 | Angie M.  | Huntington Beach |

## Newport Beach

### **Balboa Speaker Meeting, 7:30 PM, Thursday**

Newport Club, 414 East 32nd Ave.

Contact: Jim K.

|      |            |                 |
|------|------------|-----------------|
| 5/3  | Gina S.    | Long Beach      |
| 5/10 | Cliff R.   | Oceanside       |
| 5/17 | Stacy E.   | Costa Mesa      |
| 5/24 | Frank J.   | Sherman Oaks    |
| 5/31 | Allison P. | Manhattan Beach |
| 6/7  | John G.    | Los Angeles     |
| 6/14 | Tricia M.  | Mission Viejo   |
| 6/21 | Johnnie H. | Long Beach      |
| 6/28 | Karen H.   | Long Beach      |

## Orange

### **No Puffers Speaker Meeting, 8:00 PM, Friday**

Community of Christ Church, 385 S. Tustin Ave.

Contact: Garry B.

|      |                    |             |
|------|--------------------|-------------|
| 5/18 | Deborah S./Eric E. | Los Angeles |
|------|--------------------|-------------|

## San Clemente

### **Aragon Speaker/Discussion, 8:00 PM, Friday**

202 Avenida Aragon (Church)

|      |             |              |
|------|-------------|--------------|
| 5/4  | Mickey B.   | Santa Monica |
| 5/11 | Gina G.     | San Clemente |
| 5/18 | Larry K.    | San Clemente |
| 5/25 | Lorraine K. | San Clemente |

## Sunset Beach

### **Rule 62 Speaker Meeting, 7:00 pm, Saturday**

Thursday's Fellowship Hall

16865 Pacific Coast Highway

Contact: Judy M.

|      |         |            |
|------|---------|------------|
| 5/5  | Rudy V. | Long Beach |
| 5/19 | Fred L. | Brea       |

## Tustin

### **Saturday Night Visiting Speaker, 8:00 PM**

St. Paul's Church, 1221 Waas

Contact: Glenn H.

|      |            |             |
|------|------------|-------------|
| 5/5  | Gary B.    | Orange      |
| 5/12 | Cynthia E. | Lake Forest |
| 5/19 | Briana S.  | Orange      |
| 5/26 | Diane B.   | Tustin      |
| 6/2  | Steve H.   | Orange      |
| 6/9  | Glenn H.   | Tustin      |
| 6/16 | Debi S.    | Tustin      |
| 6/23 | Kurt H.    | Tustin      |
| 6/30 | Nick T.    | Orange      |

### **Participation, Speaker, Q & A**

9:02 AM—11:00 AM, Sunday

130 West Main Street (Hall)

Contact: Eric S.

|      |            |            |
|------|------------|------------|
| 5/6  | Kristen V. | Orange     |
| 5/13 | TBD        |            |
| 5/20 | Tim H.     | Tustin     |
| 5/27 | Greg J.    | Tustin     |
| 6/3  | Annie B.   | Santa Ana  |
| 6/10 | Becky R.   | Long Beach |
| 6/17 | Mike G.    | Santa Ana  |
| 6/24 | Jeff S     | ?          |

### **Sober and Crazy Sunday Night Speakers, 7:00 PM**

130 West Main Street (Hall)

Contact: Mark Z.

|      |           |                  |
|------|-----------|------------------|
| 5/6  | Becky R.  | Long Beach       |
| 5/13 | Chucky R. | Tustin           |
| 5/20 | Tracy N.  | Huntington Beach |
| 5/27 | Lew D.    | Huntington Beach |

To submit speaker information  
please call (714) 556-455 or email  
lifelineeditor@yahoo.com

### **SPEAKER INFO**

The listed speakers have been invited by the respective groups and their message does not imply the endorsement of the Orange County Intergroup nor their Central Office.



## Editor's Notes

The *Lifeline* is your paper. Your ideas, suggestions, criticism and articles are welcome and needed.

Please submit to  
lifelineeditor@yahoo.com.

*Lifeline*

Dear Readers,  
Many of us are still in the habit of contributing \$1 to the basket at each meeting which has been the practice of A.A.'s for decades, literally. The expenses of Alcoholics Anonymous continue to rise so obviously would the need for income. Occasionally our expenses are more than what we bring in as you can see on page 6. Please consider... what is your sobriety worth to you, to your family, your career, your spirituality? What is the value of A.A. to future generations? How many times have the promises materialized in your life?

Now consider  
your life with-  
out Alcoholics  
Anonymous.

But for  
the  
Grace  
of God.

Please be  
generous.

### 2007 Holidays—Central Office

| Holiday          | Day of Week | Date          |
|------------------|-------------|---------------|
| Memorial Day     | Monday      | May 28th      |
| 4th of July      | Wednesday   | July 4th      |
| Labor Day        | Monday      | September 3rd |
| Veteran's Day    | Monday      | November 12th |
| Thanksgiving Day | Thursday    | November 22nd |
| Christmas Day    | Tuesday     | December 25th |

### **NEW ADDRESS FOR H & I DONATIONS**

OC H & I, 92 Corporate Park, Suite C-115, Irvine, CA 92606