

Lifeline



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Orange
County
Intergroup
Association

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The Orange County Intergroup has found a new and permanent home at the Jamboree Worship Center -- 2777 McGaw Avenue -- entrance at McGaw off Jamboree -- cross street is Alton. All the Intergroup reps meet the second Wednesday of each month at 7:00 PM and every meeting should have a rep. If your meeting doesn't have a Rep., you should jump in and become one. Our meetings only last less than an hour as a rule, and it is FUN!!!

THE GREETER -The face of A.A.

Number 7 in a continuing series on A.A. Service

In the first year of my sobriety, everything was new, scary and exciting. When I discovered something that was new to me, I assumed it was new to everyone.

One Saturday night, I went with a friend down to Hoag Hospital to watch him celebrate a year of sobriety with the people with whom he had originally gotten sober. You can imagine my amazement when we walked up to the meeting room and there were two l-o-o-o-o-o-o-o-n-g lines of men and women standing there greeting everyone who entered the meeting room – even me!!! At first, I was somewhat intimidated – they were all dressed so nice and I was in my Saturday kickback clothes, but as I walked down the line and everybody reached out to grasp my hand, the distress soon abated and was replaced by this wonderful idea that my Home Group just had to have greeters like this.

Upon returning to my Home Group the next Tuesday night, I approached one of the few members who would listen to me anymore and blurted out, “Bob, I went to a meeting Saturday night, and they had greeters. Can you imagine that, Bob, greeters!! We need greeters here, Bob. We absolutely need greeters!!!” Bob didn't say anything for awhile, but when he spoke, he related the single wisest thing I have EVER heard from anyone. Bob said, “This is a Newcomer's Meeting, son - we're all greeters here”. Now, you may be asking yourself, “How can he possibly say that was the wisest thing he has EVER heard?”

Well, when I dejectedly walked outside the meeting hall at my Home Group and started self-consciously welcoming newcomer and old-timer, alike, the memory of when I first showed up as a drunken newcomer came strongly to my mind. The men and women of my Home Group were standing there to welcome me. They showed me where the restrooms were. They told me that the coffee was free, (and that was just about what it was worth). But what I remembered most was the look I saw on most of their faces. I have never forgotten that look – a look of genuine concern. I didn't understand it then – I do now. I try to stand outside any A.A. meeting I attend, (vicariously inhaling the second hand smoke) and welcome anybody who shows up. No service I have ever given in A.A. has ever given me the sense of giving something back as that simple act. Try it for a month at your Home Group.

A member of A.A. in Orange County

WE PAY OUR OWN WAY

Tradition 7 -- Every A.A. group ought to be fully self-supporting, declining outside contributions.

It's pretty explicit, the Seventh Tradition. It leaves very little room for misunderstanding.

And yet, for as long as I've been around Alcoholics Anonymous, it seems like finding methods for circumventing this Tradition have almost become a parlor game.

The year was 1984. Our meeting was being held in a city recreation hall and we were satisfied with the arrangement. But someone in the city's recreation department sent us a letter saying that because the cost for insurance was increasing, the city would have to hike our rental fee, in effect doubling the cost for the room.

A member was asked to intercede with the city and another member was asked to scout around for alternative locations.

The following week we met in the camper of a member in the parking lot of the recreation hall. And the member who was supposed to intercede told us that the city didn't like the idea of doubling our rent but simply had no other course. Our member also told us that another A.A. meeting, which used the same hall we used but a night earlier in the week, said it hadn't had its rent raised. There was an instant display of anger, followed by the near-unanimous vote to quit the place immediately.

The scout said he had located a savings and loan association that was willing to let us use their board room for our meeting and the vote was unanimous -- 37 to none -- to move to the S&L. We packed up everything and made the switch.

On our first night at the S&L, the members were joyful.

"This is great," said one, rubbing his hand on the 30-foot teakwood table.

"I love this room," said another.

"Can't we just stay here all day, every day?" asked another.

"How much is the rent?" asked an old-timer, cynically.

"No problem," replied the scout. "There's no rent. The S&L has a charter that says they can't charge community groups for using the facility. So we just give extra money to New York and Central Office."

"We can't do that," responded the old-timer. "You have probably heard about the Seventh Tradition. Your arrangement would violate it. We can't stay here."

The scout came back the following week and said he had found a church that would let us use their social hall on our meeting night. A week later we met in that church and used the facility for the next 18 years.

Other meetings haven't fared so well. A meeting in Hawaiian Gardens tried to meet in a bank without paying anything in rent and for some reason the meeting folded after four months. A similar fate awaited

a men's stag held for free in a doctor's office in Los Alamitos. And a speaker meeting in Cerritos, unable to talk a savings and loan office into accepting even a gift donation, folded after just three months.

In the long form of the Seventh Tradition, the verbiage is even more specific. It says that groups "ought to be fully supported by the voluntary contributions of their own members." The long form also emphasizes that accepting gifts "from any source is unwise."

That ought to be enough to back off most of the connivers in our midst. It probably won't stop them all.

So we are likely to need a few people around (like that old-timer at my home group) to remind us of our proclivity for error.

George L., Westminster

THE SEVENTH CONCEPT

The Conference recognizes that the Charter and the Bylaws of the General Service Board are legal instruments: that the Trustees are thereby fully empowered to manage and conduct all of the world service affairs of Alcoholics Anonymous. It is further understood, that the Conference Charter itself is not a legal document: that it relies instead upon the force of tradition and the power of the AA purse for its final effectiveness.

The Board has the **legal** power and the Conference has the **spiritual** and **financial** power...*"This means that the **practical** power of the Conference will nearly always be superior to the **legal** power of the Trustees,"* says Bill W. *"This superior power in the Conference flows from the powerful traditional influence ... [that] derives from the large majority of **group-chosen Delegates** in the Conference. And finally, in any great extremity, it would rest upon the undoubted ability of the Delegates to deny the General Service Board the monies with which to operate--viz., the voluntary contributions of the AA groups themselves. Theoretically, the Conference is an advisory body only; but practically speaking, it has all of the ultimate rights and powers that it may ever need."*

"Group-chosen Delegates" would seem to imply...well, state directly... that the groups choose the Delegates who attend the Annual General Service Conference.

We know, however, that the Delegates are actually elected by the votes of General Service Representatives (GSR's) from a few of the groups (those that even *have* GSR's), the Area Service Committee members, the elected Area Officers, and, in some Areas, other members who are included in the electorate. In many areas it isn't even necessary for the Groups' GSR's to be in the majority of those voting, so the Delegates are not "group-chosen".

So, to the extent that the groups are represented, the groups may or may not be electing the Conference Delegate from each Area. But let's, for argument's sake, say that the Conference *is* composed of "a large majority of group-chosen Delegates". *What, then, does the group know about where its money goes?*

Each year the Delegates return from the Conference with reports about what has been accomplished and what AA plans for the following year(s). They give their reports many, many times, all over the Areas, inviting the GSR's and anyone else to come and listen. Their reports are published in the Area newsletters, and when possible, on Area websites.

The staff at our General Service Office in New York publishes a summary of the Conference actions and later a complete report on all of the presentations and proposals and actions. These report booklets are sent out to the Delegates all over the U.S. and Canada who distribute them to everyone who wants one. There are Regional Forums, where staff from New York gives reports on what they have been doing and what they plan to do, based on what the Conference has directed. There are Special Forums and Conference workshops before and after the annual Conference. And how many AA members know what has happened at the Conference. Do you?

Concept Seven is about **balance** and **trust**. It is a spiritual balance and trust, based on practical consequences and understandings.

"When we reflect that our Trustees have no salaried financial interest in their posts, we can be quite sure that such a Board would never think of legally contesting the clear and sustained will of the Conference Delegates and the AA areas they represent. If some day the chips were really down, there would be little chance of a stalemate. The Conference would find itself in complete control of the situation. As the conscience of AA, the Delegates would find themselves in ultimate authority over our General Service Board and also its corporate arms of active world service."

Bill **had complete confidence** that the Groups would, through their combined "group conscience", be the "ultimate authority" for AA world services.

The questions I have are: Do we deserve his trust? Does my group know what a "group conscience" is? Does my group (or do I) have any idea how it and we fit into AA as a whole? Do we rely entirely on "someone else" to "run" AA while we focus only on carrying the message at the group level? Or do we take our responsibility, the trust Bill took for granted, seriously? Do we know that the delicate balances that protect and preserve AA for the future actually depend on each of **us**, and our willingness to know whether we can (or should) exert the "force of tradition" and the "power of the purse" through our Conference Delegate?

AA is in good hands. Our GSO and Grapevine staffs, the AAWS and Grapevine Boards of Trustees, our appointed non-trustee board members, our Conference Delegates, all are interested in our welfare and our ability to carry the message to the alcoholic who still suffers.

Are we, or should we be, interested in the remarkable balance of authority and responsibility that is our heritage and our legacy?

Linda C.



FOR YOUR INFORMATION!!

(In 1976, The Rand Report precipitated much controversy in the alcoholism treatment community. Since that time we have seen Behavior Modification, Rational Recovery and Moderation come and go. While they have had their successes, abstinence, fellowship and spirituality continue to provide a "daily reprieve" for millions around the globe.)

From the September, 1976, Lifeline

(More about the Rand Report)

Early in June, a report released by a Rand Corp. research team raised false hopes among thousands of alcoholics, struck terror into the hearts of their families and set off a furor among experts in the study and treatment of alcoholism.

The researchers said their study indicated some alcoholics can return to normal social drinking without relapse.

They had interviewed patients from several alcoholism treatment centers at six months and again 18 months after treatment. Only 10 percent reported total abstinence at both interviews, while most of the others said they were drinking at "lower levels" or were alternating periods of drinking and abstinence. This apparently convinced the researchers their subjects were safe from relapse.

Across the nation, experts in the treatment of alcoholism assailed the study for its inadequate sampling, shoddy methodology, lack of adequate follow-up and incredible naiveté in accepting the problem drinkers' evaluation of their new habits.

Release of such data, they warned, could lead many alcoholics into new rounds of suffering and even death.

And what, in the face of this high-level criticism, do we hear from the Rand researchers? Simply that their grant from the U.S. Department of Health and Welfare has been extended so they can carry on their fine work!

From the Costa Mesa Daily Pilot



From the August, 1976, Lifeline
**COMMITMENTS NUDGE
PROVIDENCE**

Until one is committed, there is hesitancy, the chance to draw back, always ineffectiveness. Concerning all acts of initiative (and Creation), there is one elementary truth, the ignorance of which kills countless ideas and splendid plans; that the moment one definitely commits oneself, then Providence moves too.

All sorts of things occur to help one that would never otherwise have occurred. A whole stream of events issues from the decision, raising in one's favor all manner of unforeseen incidents and meetings and material assistance, which no man could have dreamed would have come his way. I have learned a deep respect for one of Goethe's couplets:

"Whatever you can do or dream you can begin it.

Boldness has genius, power, and magic in it. "

From W.H. Murray- Santa Barbara Messenger.

"Humbly asked Him to remove our shortcomings"

In taking Step Seven, do we leave it all to a higher power?

"I AM the same person I was when I came into AA." This statement, made recently at a meeting by a member with over three years' sobriety, yielded a vigorous and quite unexpected reaction. "Whadya mean, you're the same person?" most of the comments went. "You couldn't possibly be the same person if you've been working the program, and besides, you wouldn't stay sober very long."

After things quieted down a bit, the bombshell thrower had a chance to explain what he meant. Sure, he could measure some growth, and he had learned to recognize and correct dangerous thinking. But he was basically *still the same person*. No startling personality changes had taken place, and he was still conscious of the same old shortcomings. He was able to stay sober because of a change in attitudes plus constant activity in AA.

There is some evidence from this and other experiences, that our shortcomings are never removed completely or permanently. Does this mean that Step

Seven (*Humbly asked Him to remove our shortcomings*) doesn't work? Certainly not, but if we stay sober a day at a time, can we expect the Steps to work for more than a day at a time? I believe it sufficient to ask Him to remove our shortcomings *for today*, and what's more, fully expect that He will. But we may also expect to be handicapped by these same shortcomings another day, at which time the Step may be renewed.

Another fairly common observation in AA is that we have a tendency to rely too heavily, and perhaps blame everything, on God's will. There are the if-you-want-potatoes-grab-a-hoe philosophers, who maintain that if things go badly, there is a tendency to say, "Oh, well, it's God's will," and do nothing about it. Likewise, they say, if we ask God to remove our shortcomings and just sit back, nothing will happen.

I believe there is much validity in this approach, and I do not see in it a denial of Step Seven. We have already established a reliance on a Higher Power in Steps Two and Three, and Step Seven is merely a further expression of our faith. But the words are not enough--the intent must also be there. We are willing to do something about our shortcomings, but we cannot do it alone, and we humbly ask Him for help.

What about the agnostics? Is this Step out for them? I don't think so. If you have trouble with "God," try adding an "o." I believe it is possible, and even desirable, to rely on the good in other people as a Higher Power. Certainly the spirit of love, which pervades the Fellowship, is sufficient to help me remove my shortcomings for today, and I am a Christian.

Finally, I do not see any "spiritual side" to this program. The whole thing is spiritual--the Steps, the Traditions, the meetings, the Twelfth Step calls, the literature--everything. There need not be a search for spirituality only in the Steps including the word "God." If a member enters into the Fellowship whole -- heartedly, he is apt to find that the familiar shortcomings aren't popping up quite as often, even though he may not be conscious of having asked God to remove them recently. In *my* book, this is Step Seven at work.

JSC – New Hartford, NY

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**GROUP DONATIONS TO CENTRAL OFFICE
FOR PERIOD ENDING MAY 31, 2006**

	MAY	YTD							
			Su 9:00A-On The Beach, Lifegrd Tower 11	\$90	\$180	Su 6:00P-As Bill Sees It, 340 St Anns Dr.		\$55	
			Su 2:00P-Recovery Topic Disc,18582 Beach		\$5	Su 7:00 P-T. I. S. Spkrs, 31872 Coast Hwy		\$150	
BALBOA ISLAND			Su 3:00P-3rd Step,18582 Beach		\$5	Mo 6:30P-Big Book Study, 20456 LCR		\$96	
Mo 7:30P-Drop the Rock, 34421 Via Espinoza	\$25	\$25	Su 7:30P-Discussion, Mag. & Indianapolis	\$120	\$120	Mo 6:30P- Wmn's Perspect.,20456LCR Rm2	\$154	\$154	
Su 9:30A-Sandy Survivors, Doheney St Prk		\$166	Mo 12:00P-Wmn's AsBillSeesIt,18631Chapel	\$132	\$132	Mo 7:00P-Women's Big Book Study, Wesley		\$137	
Sa 9:30A-Pines Park Disc, Pine Bluffs Prk		\$157	Mo 6:30P-Both Books Stdy,16871 BolsaChic	\$50	\$50	Mo 8:00P-Men's Stag, 20456 LCR		\$69	
Sa 6:00P-Keep It Simple, 34381 Portola		\$85	Mo 7:30P-B.B. Stdy, Magnolia&Indianapolis	\$140	\$140	Mo 8:00P-South Coast Men's, 415 Forest		\$250	
CORONA DEL MAR		^	Mo 7:30P-Men's B. B. Stdy, 1912 Florida	\$60	\$228	Tu 12:30P-Serenity-Sea Women's, Wesley		\$64	
Dly 7:00A-Solutions Oasis, 5th & Marg.	\$1,075	\$5,750	Mo 7:30P-Wmn's Sans, 18631 Chapel Ln.	\$120	\$120	Tu 12:00P-Promises Discussion, 20456 LCR		\$140	
M-F 6:45A-Daily Attitude Adj., 5th. & Marg.	\$217	\$581	Tu 1:00P-Wmn's Harmony,Denny's@Edinger	\$120	\$120	Tu 12:30P-Women's Discussion, 20456 LCR		\$150	
Mo 7:00P-Baywood Disc.,1601 Marguerite	\$150	\$150	Tu 6:00P-Wmn's 12&12,18582 Beach	\$55	\$55	Tu 6:30P-Men's Beginner, 31872 S. Coast		\$424	
Tu 7:00P-Mens Participation		\$50	Tu 7:30P-Beginners Mens, 1912 Florida	\$456	\$456	Tu 7:30P-Gay Men's Stag, 31872 S. Coast		\$313	
Th 6:00 P-Happy Hour Men's Pacific View		\$84	Tu 7:30P-Wmn's Serenity B.B., Mag	\$75	\$75	Tu 7:30P-By The Book, 20456 LCR		\$50	
We 7:30P-Living Sober Grp, 611 Heliotpe		\$60	Tu 8:00P-Newcomers Stag, Mag& Indy	\$25	\$25	We 7:00A-WhaleWatch.Men's,PCH&Westley		\$316	
Fr 7:30P-Rebels Disc., 611 Heliotrope		\$520	Tu 8:00P-Tues.Night Zeider Ln, 17461 Z. Ln.	\$45	\$45	We 6:00P-Beginner's, 20456 LCR	\$105	\$220	
Fr 8:00P-Big Book Study, 3233 Pacific	\$176	\$176	We 7:30A-Attitude Mod.,18582 Beach # 2	\$180	\$180	We 8:00P-So.Coast Speakers, 286 St. Anns		\$1,000	
COSTA MESA		^	We 6:00 P-Discussion, 18582 Beach #2	\$65	\$65	Th 12:00P-12 & 12 Step Study, 20456 LCR		\$120	
Daily 7:30A-As Bill Sees It, 2501 Harbor		\$300	We 8:00P-Here & Now, 16871 Bolsa Chica	\$90	\$90	Th 12:30P-Women's Disc., 415 Forest Ave.		\$100	
M-F 6:45A-Morning Meditat., 183 E. Bay	\$60	\$228	We 8:00P-Participation, Mag & Indianapolis	\$70	\$70	Th 6:00 P-Women's Discussion,20456 LCR		\$90	
M-F 12:00P-Noon Rec., 420 W. 19th St.		\$350	Th 10:00A-Wmn's B. B. Stdy, 18631 Chapel	\$60	\$60	Th 6:30P- Mens's BYOB 12& 12 Step Study	\$70	\$140	
Su 3:30P-Discussion, 275 Victoria		\$25	Th 6:00P-Ovr40 & Going Strng,18582 Beach	\$96	\$354	Th 7:00P-Women's Slep Study, 31872 PCH		\$105	
Su 7:00P-60 Min.Beginn Grp, 102 E. Baker	\$145	\$486	Th 6:30P-Big Book Study, 6622 Lakeview	\$50	\$50	Fr 12:00P-Question & Answer, 20456 LCR		\$70	
Mo 12:00P-Clean&Serene B.B., 660 Baker	\$30	\$86	Th 7:30P-Attitude Mod., 18582Beach #2	\$120	\$120	Fr 6:00 P-Happy Hour and Half, 20456 LCR		\$100	
Mo 12:00P-High Noon Steppers, 660 Baker		\$41	Fr 7:30A-Attitude Modification, 18582 Beach	\$60	\$180	Fr 6:00P-Literature Mtg. 21632 Wesley	\$202	\$661	
Mo 7:00P-Livg Sober Grp, 2040 Placent.		\$36	Fr 10:00A-Step Sisters, Mag& Indy	\$120	\$120	Fr 7:30P-Candlelight Disc., 20456 LCR		\$140	
Tu 7:30P-Balboa Broads, 334 1/2 University		\$101	Fr 6:00P-Men in the Solution, 17461 Zeider	\$200	\$200	Sa 12:30 P-Into Action, 20456 LCR		\$90	
Tu 7:30P-Men's One Hr Step and Tradition		\$50	Fr 6:30P-Big Book Study, 16400 Springdale	\$100	\$100	Sa 7:00P-Beginners, 31872 PCH		\$1,313	
We 12:00P-High Noon Steppers, 660 Baker		\$130	Fr 7:30P-B.B.Stdy,Heil & Saybrk(Com.Club)	\$53	\$53	Sa 8:00P-Sat.Night Speaker Mtg,20456 LCR	\$250	\$575	
We 12:00P-Participation., 2040 Placentia		\$30	Sa 7:30A-Attitude Mod., 18582 Beach	\$108	\$108	LAGUNA HILLS		^	
We 7:00P-Mens B.B. Study, 102E. Baker		\$280	Sa 7:30A-Men's Stag, 18582 Beach	\$50	\$115	Mo 6:00P-Women'sDisc, 23802 A. D.Carlota		\$350	
We 8:00P-Men's Study, 2015 Charle St.		\$35	Sa 9:30A-Wmn's Big Book Study, 18582 Beach	\$30	\$178	Tu 7:00P-Men's Stag, 23802 Ave de Carlotta		\$280	
Th 7:00P-12 Steps & 12 Traditions, E. Bay		\$60	Sa 10:00A-Wmn's B.B.Stdy,18631 Chapel	\$120	\$120	We 7:00P-Get Happy 12&12 Study, Carlotta		\$47	
Fr 12:00P-Men's Business, 660 Baker #421	\$42	\$202	Sa 1:00P-Discussion, 18582 Beach # 2	\$20	\$20	LAGUNA NIGUEL		^	
Fr 6:30P-Family Afterwards, 102E. Baker		\$30	Sa 7:00P-Sat.Night LiveBBSldy,18631 Chapel	\$90	\$90	Mo 10:30A-(W) 12X12 Study, 30121 Niguel Rd	\$142	\$260	
Fr 8:00P-Big Book Study, 1865 Anaheim		\$70	Sa 7:00P-Sat. Nite Light Spkrs,18582 Beach	\$200	\$200	Tu 6:30P-(M)Disc.&Munchies,L.N.Reg. Park		\$206	
Sa 9:30A-Men's, Charle Street		\$120	Sa 7:30P-Attitude Mod., 18582 Beach	\$60	\$60	We 6:00P-Book Study, 30121 Niguel Rd.		\$290	
Sa 9:30A-Charle St. Overflow, 2025 Charle		\$80	Sa 7:30P-Lennox Podium Participation,6662 Heil	\$106	\$106	We 7:30P-Book Study, 30121 Niguel Rd.		\$40	
Sa 9:30A-Men's By The Book, 102 E. Baker		\$602	IRVINE		^	Sa 6:00P-Candlelight Disc., 30121Niguel Rd		\$70	
Sa 9:30A-Sisters In Sobriety 2040 Placentia		\$168	Daily 6:30A-Sunrise Sobriety,4400 Barranca	\$3,028	\$3,028	LAGUNA WOODS		^	
Sa 1:30P-What's The Point, 2040 Placentia		\$35	M-F 6:30A-It's A New Morning, 4915 Alton		\$489	Daily 7:30A-Do It Sober, 24442 Moulton	\$480	\$2,040	
Sa 3:30P-3rd Step Meeting, 275 Victoria		\$23	M-F 5:30P-On The Way Home,	\$71	\$1,300	We 1:15P-Wmn's B.B.Stdy, 24351 El Toro	\$75	\$185	
Sa 8:00P-Keep It Simple, 2850 Fairview		\$50	Su 10:00A-Donut Mtg., 6670 Alton Prkwy.	\$450	\$450	Fr 10:00A-Top o'TheHillGang, 24252 El Toro		\$50	
DANA POINT		^	Su 7:30P-Bonita Cnyn Disc,5001 New port Coast Dr.	\$67	\$67	LA HABRA		^	
Daily 7:00A-Hard Core Harbor Grp		\$3,825	Mo 6:00P-Women's B. B. Topic, 6670 Alton	\$72	\$375	Mo-Fr 6:30A-Topic Disc, 100 W. La Habra		\$60	
Mo 5:30P-Women's Disc, Ensenada & DPH	\$245	\$425	Mo 7:30P-Women's Disc.,6000 Irvine Cntr.	\$90	\$300	LAKE FOREST		^	
Mo 7:00P-Promises, 34052 Del Obispo		\$300	Tu 12:00P-Wmn'sB.B.Stdy,18842 Teller	\$200	\$200	Daily Saddleback Valley Grp, 24328 Swartz	\$750	\$3,000	
Th 10:30A-Wmn's Book Stdy,33501Stonehill		\$60	Tu 5:30P-Big Book Tape Study, (unlisted)	\$189	\$265	Th7:30P-MustardSeedStpStdy,23262 El Toro		\$120	
Th 7:00A-(W) HarborTopic Disc.S Juan&VL	\$60	\$90	Tu 6:00P-Courage To Change,18182 Culver	\$70	\$70	Th-Cover to Cover		\$25	
Fr 7:00P-Grapevine, 33926 Calle Primavera		\$90	Tu 7:30 P Good Guys Men's,55 Deerwood	\$28	\$28	MISSION VIEJO		^	
Sa 7:00P-Speaker, 33926 Calle Primavera	\$124	\$752	Tu 7:30P-Men's Stag B.B. Grp, 18842 Teller	\$167	\$167	Mo&Th 7:30P-B.B.Stdy, Jeronimo & Marg.		\$394	
FOUNTAIN VALLEY		^	We 6:30P-B. B. Topic Disc.,5001 Nwprt Cst	\$59	\$362	Mo 7:00P- Women'sStep Stdy, 26051 Marg.		\$130	
Mon-Sat 12:00P All other meetings failed	\$15	\$15	We 8:00P-12 Solutions Step Study, Harv ard	\$120	\$240	Mo 7:00P-Women's Book Study,26558 Marg.	\$130	\$173	
GARDEN GROVE		^	Th 12:00P-Irvine Mens Lunch,4139 Campus	\$107	\$333	Mo 7:30P-Bell Ringers Men's Stag,	\$240	\$240	
Mo 12:30P-Daylight Disc., 9845 Belfast	\$30	\$30	Th 6:30P-(W) Gypsies, Deerfield & Turtlerock	\$65	\$402	We 9:30A-Women, 26051 Marguerite Pkwy		\$50	
Tu 7:00P-Top of the Key Bksldy,9th&Lampsn		\$280	Fr 10:30A-Over 50 Group, 2025 Alton	\$72	\$478	We 8:30P-Missionaries Disc., 26558 Marg.		\$100	
We 12:00P-Women's, 9845 Belfast	\$34	\$34	Fr 5:30P-Topic Disc.Group, 6670 Alton Pkwy	\$100	\$220	Th 9:30A-Women's 12 x 12, 26001 Blascos		\$60	
We 6:00P-Wed. Warriors, 9845 Belfast	\$27	\$27	Fr 8:00P Little Group, University & Culver	\$280	\$280	NEWPORT BEACH		^	
Th 10:00A-Over 40 Group		\$60	Sa 9:15A-Step Study, 6670 Alton Pkwy	\$108	\$474	Daily 12:15P-Old Nwprt Nomads,4140ld Nwprt Blv d.	283	\$640	
Th 7:00P-Step Study, 12432 9th St.	\$70	\$130	Sa 11:00A-Acceptance Grp, 3 Ethel Coplen	\$280	\$280	Daily 2:15P-SharkAtTheLibrary, 2005 Dover	\$100	\$100	
Th 8:00P-Women's Disc., 9842 W. 13th St.		\$20	Sa 11:00A-B.B Study, Turtle Rock	\$195	\$195	Mo-Fr 5:30P-Fish Out'a Water, 414 E. 32nd	\$106	\$1,179	
Fr 10:30A-Women's (C)12 & 12, 9845 Bfst		\$45	LAGUNA BEACH		^	Su 9:30A-Sandy Survivors, On the beach	\$150	\$150	
Sa 10:30A-Big Book Study, 9845 Belfast	\$70	\$280	Daily 7:00A-Attitude Adjustment, 20456 LCR	\$1,008	\$1,008	Su 7:00P-Primary Purpose Grp, Dover&16th	\$44	\$44	
Sa 8:00P-Saturday Nite Spkrs, 9845 Belfast		\$20	Daily 7:05A-Attitude Adj, 3090 S.Coast Hwy	\$950	\$950	Su 7:30P-Speakers, 414 E. 32nd St		\$247	
HUNTINGTON BEACH		^	Su 7:05A-Montage Group,(Montage Resort)	\$450	\$450	Mo 12:30P-Back Bay Men's, 1201 IrvineAv e		\$700	
Daily 7:00A-Hggrs As Bill Sees It, 8200 Ellis		\$760	Su 10:00A-Heisler Park Disc.,Cliff&Jasmine	\$242	\$242	Mo 4:00P-Let Go & Let God, Dover		\$60	
Daily 8:00A-Huggers II, H.B Lifegrd Tower 11	\$511	\$2,820	Su 11:45A-11th Step Disc., 20456 LCR	\$96	\$216	Mo 6:45P-Beg.&Tradition Grp,1400 Balboa		\$441	

GROUP DONATIONS (Cont'd)

Mo 8:00P-Men's Disc, 301 Newport Blvd	\$220	We 12:00P-Promises Meeting, 16865 PCH	\$30
Mo 8:00P-Women's Disc., 301 Newport Blvd	\$25	We 6:30P-Newcomers Meeting, 16865 PCH	\$64 \$64
Mo 8:00P-Step Study, 414 E. 32nd St.	\$10	Th 12:00P-StepStdy/Promises, 16865 PCH.	\$30 \$60
Tu 3:30P-Discussion, 414 E. 32nd St	\$36	Th 5:30P-Women's Meeting, 16865 PCH	\$70 \$350
Tu 7:00P-NB/CDM Men's, 414 32nd St.	\$500	Fr 7:00A-Discussion, 16865 PCH	\$50
Tu7:00P-Wmn's Book Stdy, 2414VistaDelOro	\$80	Fr 12:00P-Discussion, 16865 PCH	\$60 \$100
Tu7:30P-Men's12&12Stdy, 2100 Mar Vista	\$40	Sa 7:30A-Discussion, 16865 PCH	\$191
We 7:00P-Steps&Trads, 2100 Mar Vista	\$60	Sa 7:00P-Rule 62 Speakers, 16865 PCH	\$50
We 7:30P-Wed Night Men's, 2401 Irvine	\$128	TUSTIN	^
We 8:00P-Big Book Study, 600 St. Andrew	\$50	Daily 6:00A-Attitude Adj. 14662 Newport	\$200
We 8:00P-Recovery Radicals,301NewportBl	\$120	Daily 6:00A-Attitude Mod., 130 W. Main	\$69 \$1,886
Th 7:00P-Over 40's, 414 32nd Street	\$46	Daily 12:00P-Brown Baggers, 130 W. Main	\$100
Th 7:30P-Balboa Spkr Group, 414 E. 32nd	\$600	Daily 5:30P-Rush Hour, 130 W. Main.	\$792 \$2,430
Fr7:00P-Winning Ticket Step Stdy,Mar Vista	\$81	M-F 12:00P-Alkies Winners,555 W.Main	\$411
Sa6:00P-CoverToCoverB.B.Study,798 Dover	\$30	Su 9:02A-Speakers, 130 W. Main	\$224
Sa 7:30P- Daily Reflections, 2100 Mar Vista	\$60	Su 7:00P-Chapt. 9 Book Study, 1201 Irvine	\$70 \$70
ORANGE	^	Su 7:30P-Sober & Crazy Spkrs,130 W. Main	\$123 \$193
Daily 7:00A-Early Birds, 812 Town&Country	\$120	Mo9:00A-Women'sUnity Grp,14402 Prospect	\$40
Su 5:30P-TheOther12&12, 705 W. La Veta	\$17	Mo 7:30P-Men's Discussion, 130 W. Main	\$153
Su 7:00P-Speaker of Orange,1800 E.LaVeta	\$105	Tu 12:00P- Women's 12 & 12,Nwpt & Dodge	\$83
Mo 7:00P-Women's Step Stdy, 161 Orange	\$100	Tu 7:30P- Big Book Study, 19211 Dodge	\$36 \$276
Th 7:30P-777 Men's Stag, 395 N. Tustin	\$300	Tu 8:00P-Steps 1-4, 1201 Irvine	\$70
Th7:30P-Newcomer's Disc.,2191OrangeOlive	\$25	We 7:00P-Lucky StiffsMen's, 18542Vanderlip	\$308
RANCHO SANTA MARGARITA	^	We7:00P-Women's Solutions, 19211 Dodge	\$60 \$180
Su 7:30P-Old Time12&12Study, Empressa	\$165	Th 9:00A-Women's12&12, 14402 Prospect	\$50
Mo 7:00P-(W)Staying Sober30382ViaConDios	\$100	Th 8:00P-12&12GrapevineStdy,13922Prspct	\$60 \$190
Mo 7:30P-Men's,30605 Ave de la Flores	\$120	Sa 8:00P-Visiting Speakers, 1221 Wass	\$138
Tu 7:30P-Old TimeB.B.Stdy,30322ViaCDios	\$221	VILLA PARK	^
We 7:30P-RSM StepStudy,30382 ViaCDios	\$100	Daily 24 Hour Group	\$118 \$290
Th 6:30P-Wandering Group	\$140	WESTMINSTER	^
Th 7:30P-11thSpSpiritual Disc,22521 Ave Emp	\$50	Mo 7:30P-12&12Beginners,15750 Magnolia	\$55 \$143
Fr 7:30P-Roads End Part.,30322 ViaCDios	\$120	Th 7:30P-Big Book Study,8152 McFadden	\$200
SAN CLEMENTE	^	MISC. GROUPS	^
Mo 7:00P-N.O.I. Men's, Camino Capistrano	\$260	Women's 12 Step Workshop (unlisted)	\$150
Tu 6:00P-Women's Disc.,190 Ave La Pata	\$100	Sun.-7:30PM CDM-Steps&Traditions	\$60
Fr 7:00P-Women's Book Study, Ave.Aragon	\$60	Mon.-Men's Stag @ Patrick's-Laguna Beach	\$50
Fr 7:00P-S.C Newcomers,105 S. La Esperanza	\$34	Mon.-Men's Stag-Laguna Bch, St. Mary's Church	\$87
Fr 8:00P-Aragon Spkrs., 202 Ave. Aragon	\$350	Tues. - 6PM-Chicks On The Run-Wandering	\$267
Sa 9:30A-Pine's Park (unlisted)	\$60	Tues. - 6PM Step Sisters - Roaming	\$94
SAN JUAN CAPISTRANO	^	Tues. - Morning Men's Stag (Unlisted)	\$266 \$266
Daily 7:00A-Eye Opener, 27514 Calle Arroyo	\$1,000	Wed. - Wandering Womens	\$167
Su 5:00P-1 Hr Topic Disc,27514 Calle Arroyo	\$219	Th 7P-Dana Point Doheny BonfireMtg,(Unlst)	\$100 \$200
Mo 6:00P-B.B.Study, 27514 Calle Arroyo	\$100	Thurs-7:30P- Laguna Hills-LeisureWorld (Unlst)	\$120
Tu 7:00P- Hear Here Part., 27514 Calle Arroyo	\$330	Fr. - 10:30am - F-Troop Discuss (Unlisted)	\$210
We 7:00P-11th Step Disc,27514 Calle Arroyo	\$245	Fr.-7PM - 12&12 - Minor St., Costa Mesa	\$35
We 7:30P-B.B.Study, 26283 Shadybrook	\$98	Fr-8P-Sunset Bch-Fam Afterward,16865 PCH	\$66
Th 6:00P-Do The Steps, 32202 Del Obispo	\$70	Sa -Orange County Wandering Group	\$35 \$115
Th 7:00P-Joy of Sobriety, 31495 El Camino Real	\$146	INSUFFICIENT INFORMATION	^
SANTA ANA	^	Rec#6374 Ck#1801Sat.AMwmn's B.B.Study	\$50
Daily 12 & 8pm-Nuev a Luz,2525 N.Grand	\$80	Rec#6418 money order received from Heidi	\$60
Su 11:00A-Sunshine Pumpers, 120 W. 5th	\$70	Rec#6493 Mnyorder GSO#101102 ?City	\$30
Su 5:00P-Two Or More, 721 Euclid	\$100	Rec#6561 Ck#1068 Group#000128087009	\$125
We 7:30P-Wed Night Men's, 600 N. Main	\$200	Rec#6664 ck#20322 Fred - Laguna Beach	\$150
We 8:00P-Discussion, 417 N. Cooper	\$70	Rec#6970 Ck#201 Group#144779?	\$196
SEAL BEACH	^	MISC. DONATIONS	^
We 7:30P-Men's Step Study, 8th & Central	\$80	OCCO Change Can	\$21 \$46
SUNSET BEACH	^	Satellite Office Change Can	\$10 \$15
Su 9:00A-SoberOnTheSand, End of 16th St.	\$120	Intergroup Meeting	\$78 \$367
Su 1:00P-Women's12StepDisc, 16865 PCH	\$200	Men's Banquet, 111 S.Brdwy,Redondo Bch.	\$813
Su 5:00P-Sundowners, 16865 PCH	\$150	PERSONAL DONATIONS	^
Su 7:00P-11th Step Study, 16865 PCH	\$109	Anonymous Donations	\$30 \$110
Mo 12:00P-Big Book Study, 16865 PCH	\$60	June L., Irvine	\$25 \$125
Tu 7:00A-Discussion, 16865 PCH	\$116	Gary O. - Ladera Ranch	\$30 \$90
Tu 6:00P-Discussion, 16865 P.C.H.	\$92	Laura D.	\$100
We 12:00P-Promises Meeting, 16865 PCH	\$30	Walter M. - Huntington Beach	\$1,000
		Jeffrey F. - Laguna Beach	\$2,000

Scott Z. - Costa Mesa	\$24
IN LOVING MEMORY	^
Alice T.	\$35
Joanne A. - Santa Ana	\$33
TOTALS	\$12,637 \$86,189

AUNT CAROL BAILING OUT IN IRAQ

A teacher gave her fifth grade class an assignment: Get their parents to tell them a story with a moral at the end of it.

The next day the kids came back and one by one began to tell their stories. "Johnny, do you have a story to share?"

"Yes, ma'am, my Daddy told a story about my Aunt Karen. Aunt Karen was a pilot in Desert Storm and her plane was hit. She had to bail out over enemy territory and all she had was a small flask of whiskey, a pistol and a survival knife. She drank the whiskey on the way down so it would not break.

"Her parachute landed right in the middle of twenty enemy troops. She shot fifteen of them with the gun until she ran out of bullets. She killed four more with the knife, 'till the blade broke. Then she killed the last Iraqi with her bare hands."

"Good heavens," said the horrified teacher, "What kind of moral did your Daddy tell you from that horrible story?"

"Stay away from Aunt Karen when she's been drinking."

**ORANGE COUNTY INTERGROUP ASSOCIATION
ALCOHOLICS ANONYMOUS
Statement of Income & Expenses for
Period Ending May, 2006**

	May 31, 2006	Y T D
INCOME		
Group Donations	12,434.26	80,498.35
Individual Fellowship	116.30	3,510.30
Literature Sales	9,867.27	52,492.36
Birthday Donations	138.00	1,406.65
In Memoriam	0.00	33.00
Intergroup Donations	78.05	401.25
Special Events	0.00	0.00
Interest Income	230.48	1,019.14
Misc. (Repaid Bounced Cks)	20.30	54.77
TOTAL INCOME	22,884.66	139,415.82
EXPENSES		
Audits	0.00	0.00
Auto (All Managers)	68.53	302.33
Bank Charges	0.00	0.00
Cash/Invoices Over/Short	1.04	5.85
Insurance	4,156.63	9,597.62
Intergroup Expense	18.60	1,302.05
Lease Expense	381.44	1,269.37
Maintenance & Repairs	0.00	277.20
Volunteers Coffee & Water	128.36	461.65
Office Supplies	270.59	1,620.34
Pension Fund	166.68	833.40
Postage	101.40	496.50
P/I Donated Literature	104.90	325.10
Rent	3,312.00	16,092.00
Salaries	10,436.48	47,637.38
Payroll Tax Expense	782.92	3,884.26
Taxes & Licenses	85.00	111.48
Telephone Expense	256.02	1,434.48
Answering Service – TAB	41.05	248.53
Utilities	61.08	353.84
Lifeline Expense	854.10	4,456.17
Cost of Literature Sold	7,283.73	38,748.33
Special Events	57.85	499.35
Misc. (Returned Checks)	0.00	20.30
TOTAL EXPENSES	28,568.40	129,977.53
INCOME/ (LOSS)	-5,683.74	9,438.29

ALKIES ARE ALWAYS THINKING

After purchasing a brand new Corvette, a middle-aged California playboy stopped off at his favorite watering hole to show off his new convertible. After many hours of showing off the car and being toasted with drinks, he looked at his watch and realized it was nearly 2:00 AM and the bar would be closing. He finished off his last drink and staggered out to the parking lot.

ORANGE COUNTY HOSPITALS & INSTITUTIONS

Meets the 2nd Sunday of the month at the Garden Grove Alano Club. Institutional Committee Orientation meets at 3:15P.M. and the Committee meets at 4:00P.M. Hospital Committee Orientation at 5:15P.M. and Committee meets at 6:00P.M.

	June, 2006	
Operating Cash (7 th & 50/50)	0.00	
Literature Fund	0.00	
Prudent Reserve	\$3,311.83	
Total	\$3,311.83	
Institutions Income		
7 th Tradition & 50/50	\$66.00	
Raffle	\$92.00	
Total	\$158.00	
Hospitals Income		
7 th Tradition	\$59.91	
50/50 Raffle	\$51.50	
Total	\$111.41	
Literature Fund		\$1,611.37
Operating Expenses	93.00	Coffee & Rent
Board Director	0.00	Printing
Institutions Chair	20.00	Print Charges
Hospital Chair	44.41	Print Charges
Board Librarian	17.22	
Board Treasurer	0.00	
Secretaries	0.00	
Literature	1,500.00	
Stamps	0.00	
Checking Fee	16.50	
BALANCE		\$3,100.98

Taking off down the freeway, he floored it to 80 mph, enjoying the wind blowing through his hair.

"Amazing", he thought as he flew down 101 pushing the pedal to the metal even more. Looking in his rear view mirror, he saw the highway patrol behind him, blue lights flashing and siren blaring.

"I can get away from him – no problem", thought the inebriated playboy nutcase as he floored it to 100 mph, then 110, then 120. Suddenly he thought, "What on earth am I doing? I'm too old for this nonsense!" He pulled over to the curb and waited for the trooper to catch up to him.

Pulling in behind him, the Trooper slowly walked up to the driver's side of the Corvette, looked at his watch and said, "Sir, my shift ends in 30 minutes. Today is Friday and I have two days off. If you can give me a good reason why you were speeding that I've never heard before, I'll let you go."

The man, looking very seriously at the Trooper, said, "Officer, ten years ago, my wife ran off with a California State Trooper. When I saw the flashing lights behind me, I thought you were bringing her back".

"I know that feeling. Have a good night, sir", said the Trooper as he walked back to his patrol car, got in and drove away.

THE LIFELINE
1526 BROOKHOLLOW, SUITE 75
SANTA ANA, CA 92705

Published monthly by the Orange County Intergroup Association

Purpose: The Orange County Lifeline Committee is a committee of volunteer A.A. members, charged with the responsibility of producing and distributing the Orange County Lifeline, (a publication of the Orange County Intergroup Association). The Lifeline is published monthly and is supported solely through contributions from the A.A. groups and members of Orange County. The Lifeline is published to meet the following needs of the Orange County A.A. membership: to inform the A.A. membership regarding A.A. service, A.A. events and A.A. announcements; also to share experience in recovery, unity and service; to keep the A.A. membership informed regarding the actions, finances and meetings of the Orange County Intergroup Association and other Central Office committees.

Lifeline Committee: We meet the 1st Thursday of each month at the Central Office. Join us @ 7PM.

Larry E. (Chair); Jim S., Phil F.; Nick M., George L., Cathy R., (Editor)

Mail submissions to the above address or email to Lifeline Committee at ocaa7664@sbcglobal.net

CENTRAL OFFICE CALL FORWARDING SHIFTS

Call-forwarding is the program instituted by Orange County Central Office whereby, during hours when the Central Office is closed, calls to the Central Office are forwarded to your phone and you answer the calls, just as if you were sitting in the Central Office as a volunteer. This service allows the Central Office to realize a significant cost savings because we do not need to contract to a vendor to answer the phone and forward the call on to a central Office 12th Step volunteer. Even more vital, when a call is placed to Alcoholics Anonymous, the caller will be talking to an A.A. member not a paid private worker! Many of the shifts listed below are currently filled by A.A. members. If you see a shift that you would be able to take, please call the Central Office at (714) 556-4555 to determine if that shift is currently unfilled

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Holidays
6am-9am	6am-9am	6am-9am	6am-9am	6am-9am	6am-9am	6am-10am	6am-10am
9pm-6am	9pm-6am	9pm-6am	9pm-6am	9pm-6am	9pm-6am	10am-2pm	10am-2pm
					1pm-4pm	2pm-6pm	2pm-6pm
					4pm-7pm	6pm-10pm	6pm-10pm
					7pm-10pm	10pm-6am	10pm-6am
					10pm-6am		

BACKUP

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Holiday
6am-9am	6am-9am	6am-9am	6am-9am	6am-9am	6am-9am	6am-10am	6am-10am
9pm-6am	9pm-6am	9pm-6am	9pm-6am	9pm-6am	9pm-6am	10am-2pm	10am-2pm
					1pm-4pm	2pm-6pm	2pm-6pm
					4pm-7pm	6pm-10pm	6pm-10pm
					7pm-10pm	10pm-6am	10pm-6am
					10pm-6am		

In order to volunteer for this service, you must first arrange with the Central Office Manager for a brief orientation session which will be held at the Central Office. This truly is "front – line" 12th Step work and we would appreciate any time you can give.

A DELICATE DIET FOR DAINTYMOUTHED DRUNKARDS (C. 1575)

by George Gascoigne found in the Grapevine Digital Archive (c. 1995), and contributed by Grady S. of St. Louis, Missouri:

I would that our gentry, and the better sort of our people, were not so much acquainted with quaffing, carousing and drinking of hearty draughts at many merry conventions. I find that the pleasantness of the drink and the infirmity of our nature do beget one draught upon another, so that, beginning with courtesy, we end with madness and beastliness.

Well wrote he which said that the first cup quenched thirst, the second induced mirth and rejoicing in heart, the third voluptuousness, the fourth drunkenness, the fifth wrathfulness, the sixth contentiousness, the seventh furiousness, the eighth sluggishness, and the ninth extremity of sickness.

But with us nine draughts, yea nineteen draughts, nay, sometimes nine and twenty do not suffice. And though his worldly friends wink, and temporal death forbear him a while, let him yet not think to escape: for it weakeneth and endangereth man's body daily, it impaireth his reputation openly, and woundeth his soul secretly.

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SHARING KINDNESS

I shall pass through this world but once.
 If, therefore, there be any kindness I can show,
 or any good thing I can do,
 let me do it now;
 let me not defer it or neglect it,
 for I shall not pass this way again.
 ~ Greller ~

Two mosquitoes land on a drunk. One says to the other, "You bite him - I'm driving". Anon.

The listed speakers have been invited by the respective groups and their message does not imply the endorsement of the Orange County Intergroup nor their Central Office.

SPEAKERS

Balboa Speaker Meeting

Thursday 7:30P.M. – Newport Club, 414 East 32nd Avenue, Newport Beach

- 7/6 Robin S. Los Angeles
- 7/13 K.C. C. Los Angeles
- 7/20 Karen G. Venice
- 7/27 Johnnie H. Long Beach
- 8/3 Sharon B. Los Angeles
- 8/10 SURPRISE
- 8/17 Lori D. Los Angeles
- 8/24 Larry T. Lakewood
- 8/31 Theresa F. No. Hollywood
- 9/7 Marti S. Temecula
- 9/14 Candace M. Long Beach
- 9/21 Tom W. Dana Point

Contact: Jim K

Saturday Night Lite Speakers

H.O.W. Hall 7:00 P.M.-18582 Beach Blvd. #2 Behind OC Furniture @ Ellis

- 7/1 Slo Eddie Compton.
- 7/8 Mike S. Huntington Beach
- 7/15 Patty A. Houston, TX
- 7/22 John P. Huntington Beach
- 7/29 Carl M. Huntington Beach
- 8/05 Mack B. Covina
- 8/12 Angie D. Beaumont
- 8/19 Joe M. Huntington Beach
- 8/26 Dave Y. Huntington Beach

Contact: Tom H.

Rule 62 Speaker Meeting

Saturday – 7 P.M., Thursday's Fellowship Hall, 16865 Pacific Coast Hwy., Sunset Beach

Secretary – Judy M

Participation, Speaker, Q & A,

Sunday 9:02 A.M. – 130 W. Main St. (Hall) Tustin, CA

- 7/2 Jim F. Orange
- 7/9 Nick M. L.A.
- 7/16 Mike T. Santa Ana
- 7/23 Windy S. Anaheim
- 7/30 Chuck R. Tustin

Contact: John Q

HAPPY BIRTHDAY

Many A.A. members celebrate their AA Birthday by sending a donation to Central Office. These donations help to keep the doors of the office open so that new members may receive the same help so many of us already have. Others make a quarterly donation, or simply make Personal Contributions. All donations are greatly appreciated.



Birthday Gratitude To:

ALCOHOLICS ANONYMOUS – 71 YRS

- Violette McK. Laguna Beach 38 years
- Wanda R. Huntington Beach 26 years
- Doris R. Irvine 23 years
- Regina B. Huntington Beach 22 years
- Theda J. Laguna Woods 25 years
- John S. Corona del Mar 14 years
- Robin R. Corona del Mar -----

For-----

SobrietyDate/Years

Amount
Enclosed _____

SEND TO: ORANGE COUNTY
CENTRAL OFFICE
1526 BROOKHOLLOW,
SUITE 75
SANTA ANA, CA. 92705

No Puffers Speaker Meeting

8 P.M. – Friday –Community of Christ Church; 395 S. Tustin Ave. - Orange

- 7/7 Ruth D. Corona
- 7/14 Craig S. Yorba Linda
- 7/21 Eric S. Tustin
- 7/28 Heather V. Los Alamitos
- 8/4 Sandy R. Mission Viejo
- 8/11 John R. Irvine
- 8/18 Jim B. Santa Ana
- 8/25 Elaine G. Newport Beach

9/1 SURPRISE

Contact: Garry B.

Saturday Night Visiting Speaker

Saturday 8:00 P.M. – 1221 Wass —

St. Paul's Church -- Tustin

- 7/01 Bill S. Long Beach
- 7/08 Ruth D. Corona
- 7/15 Dave S. Tustin
- 7/22 Chuck D. San Clemente
- 7/29 David K. Orange
- 8/05 Annie H. Camarillo
- 8/12 Kurt H. Tustin
- 8/19 Jim B. Santa Ana
- 8/26 Elizabeth P. Anaheim

Contact: Glenn

Dana Point Speaker Meeting

7:00 P.M. Saturday-St. Edward's Church

Youth Center

33926 Calle la Primavera

- 7/1 Paul G. Placentia
- 7/8 John J. Yorba Linda

Contact: Robin

Speaker Meeting – Friday 7:30P.M.

24328 Swartz – Lake Forest

Between Big 5 & Aaron Brothers

- 7/07 Frank J. Sherman Oaks
- 7/14 Pam W. San Diego
- 7/21 Joe F. Venice
- 7/28 Betty B. Aliso Viejo
- 8/04 Kraig T. Laguna Beach
- 8/11 Tracy P. Mission Viejo
- 8/18 Sam S. La Jolla
- 8/25 Katherine B. Los Angeles
- 9/01 Abby V. Los Angeles
- 9/08 Michalene F. Escondido
- 9/15 Bill C.. South Bay
- 9/22 Susie S. Long Beach
- 9/29 Bill E. Los Angeles
- 10/06 Joy A. South Bay

Contact: Joe D

God and You (AA Fellowship)

If it weren't for God,
I would have no patience.
If it weren't for you,
I would have no friends.
If it weren't for God,
I would never know peace.
If it weren't for you,
I couldn't stay sober.
If it weren't for God,
I'd have never met you.
If it weren't for God
We would have no sunsets
nor rainbows or streams or
waterfalls, and life for us as we know
it today just wouldn't exist at all.
Thank God we have each night and
day-
Thank God we have each other.
Submitted by:
Deborah M. – in recovery,
Costa Mesa

PIECES OF ME

I close my eyes,
I breathe in, I breathe out.
I feel the warmth of the sun on my
face,
and the sand in between my toes.
I hear the crashing of the waves.
I smell the salt in the air,
and I think to myself,
what more could I ask for?
Today I have found that each and
every day that I do not pick up a
drink or a drug, I am reclaiming
pieces of myself. It is only now
that I am sober that I can look
back and see how truly broken I
was. I am like the many washed
up pieces of shells on the shore.
Or the pieces of a puzzle that will
never become a whole picture,
until pieces are replaced. Each
day that I choose life I get a piece
back. I am so grateful for the life
that has been put into me. When
before, you would look into my
eyes you would see emptiness.
Today I am proud to say you can
see I am very much alive! Today I
live life, even though it is not
always easy. There are many
moments and days I feel so
uncomfortable in my own skin,
feeling awkward and out of place.
There are days I feel like crying,
staying under the covers and not
facing another day. There are also
many days when all I think about
is myself and my head just runs
and runs. But I promise you this,
there are moments and there are
days where I find quietness within
and a peacefulness I have never
known. There are days I do want
to do what I can for another
because I know in the end, it
helps me just as much. There are
days that I walk with my head held
a little higher, and times when I
have laugh until my stomach
hurts. I choose life, the good and
the bad. I would rather take a
handful of a bad days and one
good day all sober, than any day
of my drinking. When I was
drinking I could be in a room full of
people and experience such an
overwhelming sensation of
loneliness and profound
emptiness. Today I lie on the
beach with only myself and my

thoughts, completely content with
how rich my life is. Even without a
person within miles of me, I know
that I am not alone. Every day I
am praying to become the
individual, the adult, the woman
that I was created to be. I am
grateful that even though I may
not know what my purpose is in
life, I truly believe I do have one!

I now open my eyes,
to such beauty,
and the road that lies ahead of
me.
I am grateful for the pieces of
myself I have lost,
and now for the pieces I am
regaining.
Even though I may not be
complete,
and there may be many more
pieces to pick up along my road,
lessons to learn, choices to make,
tears to cry,
today, at this very hour, this very
moment,
I am at peace with myself and the
world around me,
and this to me makes everything
worth it!

Submitted by Candice P.

THE HAT LADIES

Sitting in a circle each Friday at
noon,
Waiting for a newcomer arriving
not a minute too soon

Listening, nodding, shedding their
tears,
Soothing the newcomer, removing
her fears

"Keep coming back" they told her
at the close,
She remembers each one like a
beautiful rose

How they were there for her in her
time of need,
And when it was time, she was
ready to take the lead

She shared with the new women
walking in the door
A way of life they never knew
before

How to live with dignity and grace
And leave behind

A selfish life without a trace

Happy, Joyous and Free
Like the Hat Ladies, how we all
can be.

By Christine P.
In loving memory of Linda C.
Who passed on to swim with the
Dolphins on May 18, 2006

Our hats are off to you, the Hat
Ladies, the older (pardon) and
wiser women of AA from the
Newport Dodge meeting in Tustin
who showed Linda the way when
she came to AA on Sept 11, 1988.

*This from the June Grapevine
celebrating AA's birthday.*

"To Bill, who taught me
that the AA way of life is -
Humble, not necessarily
meek;
Accepting, not necessarily
passive;
Loving, not necessarily
possessive;
Honest, not necessarily
ruthless;
Moral, not necessarily
righteous;
Enviably, not necessarily
smug;
Spiritual, not necessarily
religious; and
Attractive, not necessarily
irresistible."

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WALNUT STREET MEETING ONE OF THE OLDEST IN ORANGE COUNTY

The Tuesday Night Closed
Discussion Meeting of AA meets
at 7:00pm at the church at 1130 E.
Walnut in Orange. Now known as
"Walnut Street," this meeting is
also known to regular attendees
as "the second oldest meeting in
Orange County." This meeting

was part of the first emergence of AA in California, and started sometime in the late 40's or early 50's somewhere in Tustin. Edna G. and Hal H. were among its founders, and Wayne S. was one of its early stalwarts. At various times this meeting has been one of the largest and one of the smallest meetings in Orange County.

In 1964 it relocated from Tustin to the Women's Assistance League Hall in downtown Orange, and sometime later moved to its present location on Walnut. Through thick and thin, the Walnut meeting has kept carrying the message of AA and recovery. The newcomer today can get a cup of coffee, a cookie, and most importantly, will be welcomed by the meeting, including the oldtimers, some of whom have been coming to the meeting since the Women's Assistance League Hall days, and even the Tustin days.

Group or meeting histories are one more way to participate in sobriety and to carry the message of AA. The oldtimers that today's oldtimers remember are the original oldtimers of AA; in a few more years this direct connection to the founders of our oldest meetings will be lost. The Archives Committee of the Mid-Southern California Area, and many district Archives Committees, encourage all of us to join them in gathering group and meeting histories.

The area website, at www.msca09aa.org, or your group's GSR, can put you in touch with the Area Archivist or the Committee for suggestions on how to discover your group or meeting's history. Doing so is a great way to learn about the experience strength and hope of decades of sobriety and the neat folks who have it.

Cliff L – Archivist for District 05, (Orange, Tustin, Santa Ana and Villa Park)

RECOVERY WORD SEARCH

A WORD SEARCH, like all the others you've seen: words can be up, down, across or diagonal. Have fun, and win a few minutes of free sobriety! Reprinted from the *Ventura County Tradition*, with thanks.

There are also 12 'AA's. Can you find them all?

W R I O E P T R B W X R U I R Z
 S B A R N O I T U L O S Q A E P
 D V N A T M E R I A A Y T N M L
 A S F G I N K E T M H I K A O K
 E N D U R E D W C T O M A T R O
 L C S W E A T H T N U L U K S M
 B Z X P S A U R A H A U N T E D
 A G H E T H E L T K U L F G S E
 E C V W A L I T T L E J A T Y L
 G M L A E Z S D I I E A U I K I
 A S E W A Y U K T L M U S T J B
 N W T T R T A A U J K A Y G H E
 A A I B C D R G D N A V T N B R
 M O M E N T D E E R A T Y E A A
 N H I R Y U A T N E L U B R U T
 U T L U S E R A H D E W S R G E

Rationalization
 Ultimate
 Zeal
 Attitude
 Little
 Remorse
 Must
 Leads

Omit
 Result
 Haunted
 Solution
 Moment
 Limit
 Sweat

Entire
 Heavy
 Endure
 Deliberate
 Turbulent
 Keep
 Lied

2006 ORANGE COUNTY INTERGROUP PICNIC
 Sunday, August 6th, 2006 11AM – 4PM
 Mile Square Park in Fountain Valley – Look for the Forest
 Picnic Area Near Warner & Euclid
 Free parking on the street or \$5. in the park.
 We will have hot dogs, hamburgers & soft drinks. Bring a dish if
 you would like.
 There will be entertainment – 12 Traditions Play by the
 Thespians of District 5
 Piñata for the kids—Baseball & Frisbee

**MEETING CHANGES SINCE
FEBRUARY 8, 2006**

SUNDAY

LAGUNA BEACH

7:05 AM Attitude Adjustment 31872 PCH (Hospital Auditorium) Change Address 3/16/2006

7:00 PM Sober & Crazy Speakers; 130 W. Main St., 7:00 PM – Permanent Time Change

MONDAY

IRVINE

12:00 PM Daily Reflections Women's Discussion 2777 McGaw Address change 3/15/2006

12:00 PM Weekday Noon Discussion 2777 McGaw Address change 3/15/2006

5:30 PM On The Way Home 2777 McGaw Address change 3/15/2006

7:30 PM (C,Y) Wild Bunch Men's Step Study 2777 McGaw Address change 3/29/2006

LAGUNA BEACH

7:05 AM Attitude Adjustment 31872 PCH (Hospital Auditorium) Change Address 3/16/2006

NEWPORT BEACH

12:15 PM SHARK 2300 University Dr., YMCA Conference New address and time 6/8/2006

ORANGE

7:30 PM Step Out Easy 716 Town & Country Rd (Main) Type of meeting change 6/9/2006

SAN CLEMENTE

6:30 PM Topic Discussion 100 N. Calle Seville @ Del Mar Change Address 3/23/2006

SAN JUAN CAPISTRANO

7:30 PM Jaywalkers 27514 Calle Arroyo New 5/4/2006

SANTA ANA HEIGHTS

10:00 AM Womens Big Book Study 1501 Pegasus St. @ Santa Ana Ave New Meeting 3/23/2006

TUSTIN

12:00 PM (C) Wass Street Men's Study 1221 Wass St. (near Newport and Irvine) New Meeting 5/1/2006

YORBA LINDA

8:00 PM (Y) Discussion 4861 Liverpool @ Yorba Linda Blvd. Change to open 3/22/2006

TUESDAY

CYPRESS

6:00 PM Happy Hour 5201 Evergreen Ave. @ Gindlay St. Time change 4/24/2006

IRVINE

12:00 PM Weekday Noon Participation/Speaker 2777 McGaw Address change 3/15/2006

12:00 PM (C) Tu.Women's Big Book Topic Discussion 2777 McGaw Address change 3/15/2006

5:30 PM On The Way Home 2777 McGaw Address change 3/15/2006

7:30 PM (C) Men's Stag Big Book Group 18842 Teller Ave. room 26 Change to closed 2/28/2006

LAGUNA BEACH

7:05 AM Attitude Adjustment 31872 PCH (Hospital Auditorium) Change Address

3/16/2006

NEWPORT BEACH

12:15 PM SHARK 2300 University Dr, YMCA Conference Rm New address and time

6/8/2006

WEDNESDAY

ANAHEIM HILLS

7:30 PM Muddy's Men's Stag 5100 E. La Palma Ave., Suite #101 Change Address

3/29/2006

COSTA MESA

10:00 AM 40 + To Share 2040 Placentia Ave. New 3/22/2006

IRVINE

12:00 PM Weekday Noon Discussion 2777 McGaw Address change 3/15/2006

5:30 PM On The Way Home 2777 McGaw Address change 3/15/2006

7:30 PM (Y) Wild Bunch Beginners Q & A 2777 McGaw Address change 3/29/2006

LAGUNA BEACH

7:05 AM Attitude Adjustment 31872 PCH (Hospital Auditorium) Change Address 3/16/2006

7:00 PM (C) Men's Step Study 384 Legion St Change Street # 4/11/2006

NEWPORT BEACH

12:15 PM SHARK 2300 University Dr, YMCA Conference Rm. New address and time 6/8/2006

THURSDAY

COSTA MESA

5:30 PM (Y) Young People's Step Study 660 Baker Street, Ste 417 Changed Meeting Type 6/8/2006

7:00 PM Working With Others 102 E. Baker St. (Baker&55Fwy) New Meeting 6/9/2006

IRVINE

12:00 PM Weekday Noon Step Study 2777 McGaw Address change 3/15/2006

5:30 PM On The Way Home 2777 McGaw Address change 3/15/2006

LAGUNA BEACH

7:05 AM Attitude Adjustment 31872 PCH (Hospital Auditorium) Change Address 3/16/2006

NEWPORT BEACH

12:15 PM SHARK 2300 University Drive, YMCA Conference Rm New address and time 6/8/2006

SAN JUAN CAPISTRANO

7:30 PM (C) Men's Q & A 32202 Del Obispo (Church) Time change 6/8/2006

TUSTIN

7:30 PM Serenity Recovery Speakers 14511 Carfax Dr. Change to Speaker Meeting 5/8/2006

FRIDAY

CORONA DEL MAR

8:00 PM Big Book Study 3233 Pacific View Change - Remove (Y) 2/28/2006

COSTA MESA

6:30 PM The Family Afterward-Child Care Provided 102 E. Baker St. Change - Time 2/28/2006

7:00 PM Chow Hound Hooligans 2195 Miner

St #2 Change time 4/24/2006

IRVINE

12:00 PM Weekday Noon Group As Bill Sees It 2777 McGaw Address change 3/15/2006

12:00 PM (C) Women's "Topic" Discussion 2777 McGaw Address change 3/15/2006

5:30 PM On The Way Home Topic Discussion 2777 McGaw Address change 3/15/2006

8:00 PM Bookstudy University & Culver (Church) Change time 4/11/2006

LAGUNA BEACH

7:05 AM Attitude Adjustment 31872 PCH (Hospital Auditorium) Change Address 3/16/2006

12:15 PM Friday Lunch Women's Big Book Study 31872 S. Coast Hwy. Change to Open 3/22/2006

NEWPORT BEACH

12:15 PM SHARK 2300 University Drive, YMCA Conference RM New address and time 6/8/2006

SAN CLEMENTE

7:00 PM (C) Women's Big Book/Step Study 202 Avenida Aragon (Downstairs) Address change 6/8/2006

SATURDAY

COSTA MESA

9:30 AM (C) Charle Street Overflow "Mens Meeting" 2025 Charle Street Changed Status 6/8/2006

GARDEN GROVE

10:30 AM Just For Today 9845 Belfast Dr. Change - Name 2/28/2006

IRVINE

11:00 AM (C) Acceptance Group 3 Ethel Coplen (Senior Center) Change to Closed 3/16/2006

LAGUNA BEACH

7:05 AM Attitude Adjustment 31872 PCH (Hospital Auditorium) Change Address 3/16/2006

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MEETING DELETIONS

MONDAY

HUNTINGTON BEACH

8:00 PM 12 & 12 Study 6662 Heil

TUESDAY

HUNTINGTON BEACH

8:00 PM Big Book Study 6662 Heil

WEDNESDAY

GARDEN GROVE

8:00 PM Beginners Participation 13472 Gilbert

THURSDAY

SAN JUAN CAPISTRANO

8:30 AM Women's Discussion 27514 Calle Arroyo

FRIDAY

NEWPORT BEACH

8:30 PM (C) Candlelight Discussion 414 E. 32nd St.

SATURDAY

NEWPORT BEACH

5:00 PM Sunset Discussion 414 E. 32nd