



Lifeline

AN INTERGROUP PUBLICATION

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ROOM "K", SANTA ANA, CAL.

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NO. 3.

Is Your Sobriety Showing?

What part of yours is showing most advantageously? Sure, being sober makes us different people- but it's the way we wear our sobriety that makes the big difference to us, and to our families, friends and co-workers.

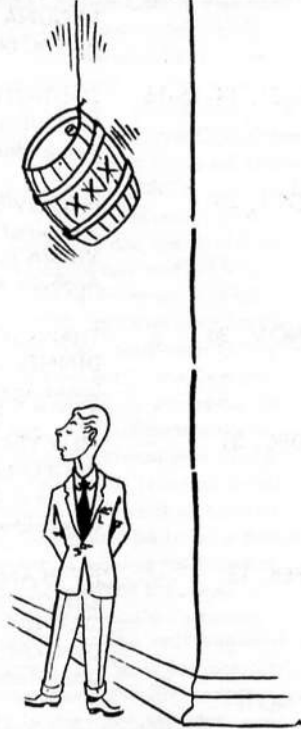
Everybody says you're looking swell now that you've stopped bending your elbow. Your eyes are clear and your walk is firm. Your appearance is personable and you're eating regularly.

But that's only one part of your sobriety and really, it's the least important part. You're the "new man" (or woman) they talk about in A.A. But is it just an external newness, only a physical change, simply window-dressing?

Any sober AAer can LOOK good. How we ACT should be the measuring yardstick of our improvement- or the lack of it.

How's the old personality? Still antagonistic to others? A chip on the shoulder lots of times? The long rusty needle, which we are so fond of sticking in others, is it still working overtime?

When people get over their surprise or gratitude after we've stopped drinking (and it generally happens rather quickly)



they soon stop making excuses for our personality and character defects.

They expect us to ACT better as well as look better. Now that we're sober, they anticipate kindness, consideration and understanding from us. But are we showing these essential qualities to them?

(Continued on page 4)

ORANGE COUNTY CALENDAR

MASTER CALENDAR - 1966

- JULY 2-3 HI DESERT ANNUAL
POW-WOW AND
MEETING
Indian Cove, Calif.

- JULY 13 ALANON ROUND
ROBIN- Canyon Club
Laguna Mon. Group
Hosting

- SEPT. 18 * 25TH ANNIVERSARY
ORANGE COUNTY
AA-Medical Center
Orange, Calif.

- SEPT. 30 ANNIVERSARY OF
LAGUNA MONDAY
ALANON GROUP

- OCT. 14-15-16 SOUTHERN CALIF.
CONVENTION
Santa Monica, Calif.

- OCT. 28 HALLOWE'EN BALL
Sponsored by The
Villa(A related facility)
Anaheim Bowl, Anaheim

- NOV. 20 *THANKSGIVING
DINNER -Ebell Club
Santa Ana, Calif.

- DEC. 31 *NEW YEAR'S EVE
DIXIELAND BALL
Dinner & Celebration
Disneyland Hotel.

- FEB. 12 *FIFTH ANNIVERSARY
BANQUET FOR
ORANGE COUNTY
CENTRAL OFFICE
Disneyland Hotel.

*NOTE:
Orange County Intergroup Sponsored
functions as voted by the Intergroup AA
Association.

For details on AI-Anon functions see
AI-Anon page.

Others- check the Calendar pages.
The Master Calendar is so presented for
your convenience- and to make it possi-
ble to schedule other events without
2 conflict).

HI DESERT POW WOW AND AA MEETING.....

On July 2nd and 3rd of this year (1966)
we are holding our annual Indian Cove
Pow-wow meeting on the Hi Desert. All
our friends are invited to attend and join
with us in a Potluck Dinner and A.A.
meeting in the fascinating rocks and moon-
light of Indian Cove which is located be-
tween Joshua Tree and 29 Palms, Calif. on
Highway 62.

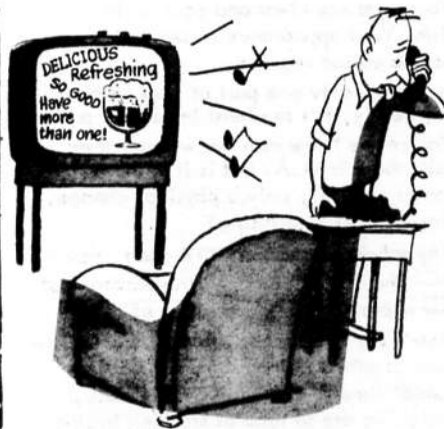
It has been suggested by our committee
that your favorite dish would be a fine
contribution to our Potluck and that you
should bring your own water and table
setting for your group. Coffee will be
served as usual.

We have made arrangements with the For-
estry Department for both Saturday and
Sunday, so bring your gear and stay over
night on the High Desert. Dinner will be
served between 6:00 P.M. and 8:00 P.M.
Saturday, and the A.A. meeting will
follow-

NOTE: If you get lost please call 366-2525
at Joshua Tree for help. Look for the signs
at Indian Cove turnoff.
WE"LL BE SEEING YOU.

.....Bill H. Chairman
Joshua Tree Group

It's that time again!



"Could you come over and sit with me
while I watch the ball game?"

.....From The Grapevine

CALENDAR

15th Annual

SOUTHERN CALIFORNIA CONVENTION

Alcoholics Anonymous

OCTOBER 14th - 15th - 16th

SANTA MONICA



GENERAL ASSEMBLY MEETING OF THE CONVENTION
COMMITTEE - SUNDAY - JUNE 26 - LIONS CLUB
5107 E. OCEAN BLVD., - LONG BEACH

Coffee and Chat - 1:30 P.M.

Meeting - 2:00 P.M.

SINCE WE ARE TO BE HOSTS TO THE 1967 CONVENTION - BE THERE AND SUPPORT
YOUR '66 CONVENTION COMMITTEE!!!!!!

A LETTER.....

TO ALL A.A. MEMBERS FROM THE
1966 SO. CALIF. CONVENTION
TREASURER, LEO P.

Dear Jeanne:

I am finally able to sit still long enough to write you as promised in regard to the importance of registering, and the primary purpose of our \$1.00 registration fee is as follows:

"THE BILLS YOU PAY WILL BE YOUR OWN"!

The first \$3000.00 from your registrations is put aside, to be handed over to the incoming chairman, elected at the business meeting, for next year's convention, which in this case will be Anaheim for 1967. The balance of course to defray present expenses. This is in the By-laws of the convention, and of course after all bills are paid, the money left on hand is sent to G.S.O. New York.

I hope this will be of help in understanding the importance of our members to register for the Southern California Convention of A.A., even if you will be unable to attend, think what an important 12step call you will be making for yourself and A.A. as a whole.

Your grateful treasurer,
Leo P. Treasurer of the 15th
Annual AA Convention

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"JOE'S MY SPONSOR"

Many of those attending the Palm Springs Desert Roundup were mystified by the badges saying "Joe's My Spnsor" until they learned that Orange County members were launching a campaign publicizing the New Year's Eve Dixieland Ball, the above being the password. Armed with flyers denoting the event, enthusiasm, and the full blessing of the Round up Committee Orange County AA members let it be known that we were going to have the biggest and finest New Year's Eve Celebration ever held by A.A. anywhere and we would be most happy to welcome any and all who cared to join in the festivity on that all important date. With optimism only familiar to AA, tickets were available to any who cared to make an early reservation, the cost being a mere \$7.50 per person or with tables of ten, a \$75 stipend paid in advance. This includes dinner and there are no other charges. The reaction by all was most rewarding..many out of towners assured us that they would be in attendance even to the extent of making reservations at the Disneyland Hotel for the night in order to avoid the non-alcoholic drunks on the road, and to make a redl weekend holiday for themselves. So if you are interested in being among the first, want a reserved table in the front sections, call your Central Office for reservations and further information. Your Ways and Means chairman, Gladie B., has a big night planned for your enjoyment. You won't be disappointed. Up to now her assistants are: Helen S., ticket Chairman, Ruth S., Decorating Chairman, in addition to her committee as formulated in the Intergroup

(Continued from page 1)

A happy sobriety is, I think, simply a reflection of a changed inner man or woman. It is an outward manifestation of a mental emotional or spiritual adjustment in ourselves.

An unhappy sobriety is, on the contrary, often the result of an undetected or uncorrected inner cause.

It may stem from continuing bitterness, rebellion at having to join AA or general discontent.

I'm an adult Boy Scout, if you will. each day I try to do my one kind deed, or express a kind thought to someone in or out of the fellowship.

My daily inventory consists of asking myself just one question each night: "Did I try to help someone today?"

And if not why not?

I know from personal and bitter experience what it is to be unwanted, unloved or unappreciated. Every alcoholic does.

But I also know, and from personal experience, that in order to receive friendship, I must give friendship; to expect kindness from others, I must be kind; to be understood, I must attempt to understand my fellow man or woman.

There is, of course, a reward for me in trying to practice these things. It took me some time to realize that other people are lonely, confused or frightened as I was, or just as insecure or bitter.

My reward is two-fold: (1) the knowledge that I cannot have a happy and contented sobriety alone, and (2) that I must share it with others in order to preserve and continue it.

. J.F., Elmhurst Group, Long Island.

From The Grapevine.. July 1955

"There is no limit to what can be accomplished if it doesn't matter who gets the credit" . . . Emerson - From The Grapevine

G.S.O.

EVERYTHING IN A.A. STARTS WITH YOU!

25¢ WORTH OF HELP!!!!

630 LONERS HELPED BY GSO AND SPONSORS.....

Over one-half of our 630 known Loners live outside the U.S. and Canada; 116 are Spanish-speaking.

Many have never attended a meeting. They have found their way to A.A. thru a piece of Literature, or the suggestion of a doctor or clergyman, and wrote to P.O. Box 459, N.Y.

Many of them maintain sobriety under very difficult conditions. . . such as the twelve Loners in Viet Nam, unable to contact one another.

A new Loner receives a letter with "Suggestions for the Lone Member," a package of literature, A World Directory and the list of Loners. He is encouraged to write to other Loners as well as to correspond with G.S.O. Each Loner receives bi-monthly the Exchange Bulletin, the Loners Meeting---a two-page bulletin we prepare using excerpts from Loners' letters.



We have a Loner-Sponsor list of nearly 300 Group members who sponsor via mail. Each time Loners are mentioned in the Exchange Bulletin many members want to join the Loners Group, or become Loner-Sponsors.

For some A.A.'s there seems to be an emotional as well as a geographic aloneness. Some seem quite content, and do not make any effort to form a group. But every effort is made to help them "carry the message" if the opportunity arises. Many flourishing Groups today were originally started by one Lone Member.

. Midge M. Staff Member Lone Members.

Conference Digest - 1966.

25¢

PER MONTH

BE RESPONSIBLE! HELP THE LONERS!!!!

AA Groups

CHANGES - TIME- PLACE - NAME-
AA BIRTHDAYS- SPEAKER LISTS ETC.

ANAHEIM DAYTIME GROUP CHANGE

The Anaheim Thursday Discussion Group has been changed to The Anaheim Thurs. Book Study Group. It now meets at a new time... 12 Noon instead of 11AM.

NEW GROUP

GARDEN GROVE

A new group has been started called the Garden Grove Book Discussion Group. It meets on Thursdays at 8:30 PM at 5952 Belgrave Ave.

LA HABRA A GROUP

The La Habra Friday Speakers Group announces the following speakers for their forthcoming meetings:

June 24	Walter O'Keefe
July 1st	Al & Janice L.
July 8th	Jeff W.
July 15th	Charles T.
July 22nd	Bill K.
July 29th	Ben W.

LOS ALAMITOS

The Los Alamitos Discussion Group would like to announce as their speaker for the night of July 5, at 8:00 P.M. Lou H. from Hollywood, and representative for our own Grapevine.

NORWALK FRIDAY EVENING SPEAKER GROUP

Leighton W., secretary of the Norwalk Fri. Eve Speaker Group wrote and asked us to submit the following list of speakers to you:

June 24	Dorothy W.
July 1	Eddie C.
July 8	Lillian (House of Hope)
July 15	Chuck C.
July 22	Georgia N.
July 29	Bob H. (Studio City)
August 5	Bud R.
August 12	Harry Van H.
August 19	Lucille A.
August 26	Phil P.

The meetings are held at 8:30 P.M. and the address is Carter Hall, Sproul and Clarkdale Avenues, Norwalk.

ALL ARE WELCOME!!!!!!!!!!!!!!!!!!!!!!

SANTA ANA FRIDAY SPEAKERS

The Santa Ana Friday Speakers Group announces the following speakers:

July 1	John G & Betty G. (West L.A.)
July 8	Walter O'K. (Hollywood)
July 15	Earl W. (Laguna) Bob E.
July 22	John A. (Hollywood)
July 29	Bob C. (San Clemente)

SANTA ANA YOU-ASKED-FOR-IT

The Santa Ana You-Asked-For-It Group has disbanded.

SAN CLEMENTE

The San Clemente Saturday Night Panorama Group has disbanded.

